Community Provider Referral List

If you have any concerns about any of these providers, or you have not been able to connect with your community referral for regular therapy, please contact your CAPS clinician or call (805) 893-4411. As a registered student, you are welcome to stop by CAPS, if needed. (805) 893-4411 is available 24/7

Albanese, Ann Leslie, Ph.D
Address: 2020 Alameda Padre Serra Suite 226
Santa Barbara, CA 93101
Preferred Method of Contact: (805) 350-3908
Area of Specialty or Expertise: Eating Disorder, Mood Disorder, Anxiety Disorder, LGBTQ, Cross Cultural
Insurance Accepted: Aetna, Anthem Blue Cross
Other Languages: Spanish

Alden, Elizabeth, Ph.D
Address: 22 West Micheltorena Suite D
Santa Barbara, CA 93101
Preferred Method of Contact: (805) 564-3715
Area of Specialty or Expertise: Personality Disorders
Insurance Accepted: Aetna, Anthem Blue Cross, Blue Shield, HealthNet, Prudential, Cigna, Optum

Alexander, Ron, Ph.D
Address: 206 West Anapamu St. Santa Barbara, CA 93101
Preferred Method of Contact: Ronalexanderphd@gmail
Area of Specialty or Expertise: LGBTQ, Trauma, Anxiety Disorder
Insurance Accepted: Aetna

Baggerly Mar, Kathleen, LMFT
Address: 270 Storke Rd. St. Goleta, CA 93111
Preferred Method of Contact: (805) 570-8156
Area of Specialty or Expertise: Trauma, Anxiety Disorder, Depression, OCD
Insurance Accepted: Aetna, Anthem Blue Cross, HealthNet, Most Insurances
Other Languages: ASL

Bannister, Robert, LMFT
Address: 621 Chapala Street Suite C Santa Barbara, CA 93103
Preferred Method of Contact: (805) 705-3987
Area of Specialty or Expertise: CBT
Insurance Accepted: Aetna, Anthem Blue Cross, United Health, Health-Net

Basch, Janice, Ph.D
Address: 119 Figueroa Street Ventura, CA 93001
Preferred Method of Contact: janice@drjanicebasch.com
Area of Specialty or Expertise: Mood Disorder, Anxiety Disorder, Depression, Substance Abuse
Insurance Accepted: Aetna, Anthem Blue Cross, Medicare

Beiley, Michael, Ph.D
Address: 115 West Arrellaga Street Santa Barbara, CA 93101
Preferred Method of Contact: (805) 962-2869
Area of Specialty or Expertise: Anxiety Disorders, Obsessive-Compulsive Disorder, OCD spectrum disorders and phobias or fears
Insurance Accepted: Contact Directly

Benson, Lisa, Psy.D
Address: 1215 De La Vina St. Suite F
Santa Barbara, CA 93101-5164
Preferred Method of Contact: (805) 570-0414
Area of Specialty or Expertise: Relationships, Trauma, Depression, Anxiety Disorder, Couples.
Insurance Accepted: Aetna, Anthem Blue Cross, Humana

Betita, Juliet, LMFT
Address: 22 West Micheltorena Suite B Santa Barbara, CA 93101 Acaica Counseling Center
Preferred Method of Contact: (805) 687-1201
Area of Specialty or Expertise: Trauma, Cross Cultural, Identity Issues
Insurance Accepted: Aetna, Anthem Blue Cross
Other Languages: Tagalog

Bimbela, Alfredo, Ph.D
Address: 800 Garden Street Suite I Santa Barbara, CA 93101
Preferred Method of Contact: (805) 284-1783
Area of Specialty or Expertise: Prescribes Medicine
Insurance Accepted: Anthem Blue Cross, Cigna, United Health
Other Languages: Spanish
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Blatter, Jo-Anne, LCSW
Address: 2565 Puesta del Sol, Ste 102 Santa Barbara, CA 93105
Preferred Method of Contact: (805) 682-7313
Area of Specialty or Expertise: Illness, Couples, Relationships, Anxiety Disorder, Depression
Insurance Accepted: Anthem Blue Cross, Medicare

Blum, Vicky, LCSW
Address: 621 Chapala St. Ste A Santa Barbara, CA 93101
Preferred Method of Contact: (805) 965-1995
Area of Specialty or Expertise: Depression, Anxiety Disorder, Eating Disorder, Addiction, Trauma
Insurance Accepted: Aetna, Anthem Blue Cross, Medicare, Health-Net, Medical, Blue Shield

Brooks, Ronald, Ph.D
Address: 629 State St. Ste 203 Santa Barbara, CA 93101-2809
Preferred Method of Contact: (805) 729-1867
Area of Specialty or Expertise: Depression, Anxiety Disorder, ADHD
Insurance Accepted: Aetna, Anthem Blue Cross

Chase, Sheryl, Ph.D
Address: 22 C West Micheltorena Santa Barbara, CA 93101
Preferred Method of Contact: (805) 967-1200
Area of Specialty or Expertise: Depression, Anxiety Disorder, Eating Disorder, Trauma, Identity Issues.
Insurance Accepted: Aetna, United Health, Anthen Blue Cross, Blue Shield

Chen, Beverly, LCSW
Address: 270 Storke Road Suite 17 Goleta, CA 93117
Preferred Method of Contact: BeverlyChenLSCW@gmail.com
Area of Specialty or Expertise: Depression, Anxiety Disorder, Eating Disorder, Cross Cultural, 1st Generation, Women's Issues
Insurance Accepted: Aetna, Anthem Blue Cross
Other Languages: Mandarin

Claydon, Peter, Ph.D
Address: 1531 Chapala Street Suite 2 Santa Barbara, CA 93101
Preferred Method of Contact: claydonwork@yahoo.com
Area of Specialty or Expertise: Trauma, Substance Abuse
Insurance Accepted: Aetna, Anthem Blue Cross, Medicare

Coady, Angela, MFT
Address: 5276 Hollister ave. Suite 252 Goleta, CA 93111
Preferred Method of Contact: (805) 452-4638
Area of Specialty or Expertise: Anxiety Disorder, Depression, Couples, Mental Disorder, Self-esteem
Insurance Accepted: Aetna, Anthem Blue Cross, United Health, wholmean group
Other Languages: French

Cook, Chyneitha, Psy.D
Address: Acacia Counseling & Wellness
948 Embarcadero del Norte Goleta, CA 93117
Preferred Method of Contact: (805) 699-6668
Area of Specialty or Expertise: Women's Issues, Cross Cultural, Anxiety Disorder
Insurance Accepted: Aetna

Corman, Bonnie, Ph.D
Address: 91 Depot Road Santa Barbara, CA 93108
Preferred Method of Contact: bonniecorman@gmail.com
Area of Specialty or Expertise: Depression, Family, Anxiety Disorder, Learning Disabilities
Insurance Accepted: Aetna, Anthem Blue Cross
Other Languages: French

Cosentino, Lisa, Ph.D
Address: 510 E. Sola Street Santa Barbara, CA 93103
Preferred Method of Contact: (805) 564-1999
Area of Specialty or Expertise: Eating Disorder, Depression, OCD, Trauma, Anxiety Disorder
Insurance Accepted: Aetna, Anthem Blue Cross, Cigna, Blue Shield, Health Net, Medicare
Community Provider Referral List

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Cowdrey, Karen, LCSW
Address: 5901 Encino Rd. Suite A-1 Goleta, CA 93117
Preferred Method of Contact: staff@sbbh.net
Area of Specialty or Expertise: Family
Insurance Accepted: Aetna, Anthem Blue Cross, Beacon Health, Humana, Magellan, United Health, Blue Shield

Dalton Stein, Debra, MFT
Address: 22 W. Micheltorena Suite A Santa Barbara, CA 93101
Preferred Method of Contact: debrastein@me.com
Area of Specialty or Expertise: OCD, Depression, Anxiety Disorder, Eating Disorder
Insurance Accepted: Please contact directly

Donahue, Megan, Ph. D
Address: 270 Storke Rd St. 17 Goleta CA, 93117
AND 2060 Alameda Oadre Sierra St. 202 Santa Barbara 93103
Preferred Method of Contact: info@drmegandonahue.com
Area of Specialty or Expertise: Anxiety Disorders
Insurance Accepted: Aetna, Anthem Blue Cross

Dritsas, Susan, MFT
Address: 5266 Hollister Avenue, Suite 236
Santa Barbara, California 93111 Also in Acacia Counseling Center
Preferred Method of Contact: (805) 252-7557
Area of Specialty or Expertise: Trauma, Depression, Anxiety Disorder, Life Transition, Substance Abuse, LGBTQ
Insurance Accepted: Aetna

Encarnacion, Sofia, MD
Address: Santa Barbara Behavioral Health 5901 Encina Road, Suite A Goleta, CA 93117
Preferred Method of Contact: staff@sbbh.net
Area of Specialty or Expertise: ADHD, Women's Issues, Cross Cultural, Prescribes Medicine
Insurance Accepted: Aetna, Anthem Blue Cross, Beacon Health, Humana, Magellan, United Health, Blue Shield
Other Languages: Spanish

Farber, Susan, MFT
Address: 22 West Micheltorena, Ste B Santa Barbara, CA 93101 or 240 E.Hwy 246 suite 210 Buellton CA 93427
Preferred Method of Contact: (805) 886-5538
Area of Specialty or Expertise: Illness, Depression, Anxiety Disorder, LGBTQ
Insurance Accepted: Aetna, Anthem Blue Cross, Tric Care

Felix, Erika, Ph.D
Address: 5901 Encina Rd., Ste A Goleta, CA 93117
Preferred Method of Contact: staff@sbbh.net
Area of Specialty or Expertise: Family, Relationships, Trauma
Insurance Accepted: Aetna, Anthem Blue Cross, Beacon Health, Humana, Magellan, United Health, Blue Shield

Ferguson, Michael, MD
Address: Santa Barbara Behavioral Health 5901 Encina Road, Suite A Goleta, CA 93117
Preferred Method of Contact: staff@sbbh.net
Area of Specialty or Expertise: Psychiatry
Insurance Accepted: Aetna, Anthem Blue Cross, Beacon Health, Humana, Magellan, United Health, Blue Shield

Field, Miranda, MFT
Address: 1010 Garden Street Santa Barbara, CA 93101
Preferred Method of Contact: (805) 588-0500
Area of Specialty or Expertise: Depression, Anxiety Disorder, Trauma, Relationships, LGBTQ
Insurance Accepted: Please contact directly

El Asyouty, Sherif, MD
Address: 3 West Carrillo, Ste 217 Santa Barbara, CA 93101
Preferred Method of Contact: (805) 884-4989
Area of Specialty or Expertise: Addiction
Insurance Accepted: Aetna, Anthem Blkue Cross, Cigna, Magellan, Health-Net, United Care. No Medicare, and blueshield and Kaiser
Other Languages: Arabic
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Fortman, Jay, Ph.D
Address: 5276 Hollister Avenue Suite 301 Santa Barbara, CA 93111
Preferred Method of Contact: drjay55@yahoo.com
Area of Specialty or Expertise: ADHD, Depression, Anxiety Disorder, LGBTQ, Cross Cultural
Insurance Accepted: Aetna, Anthem Blue Cross, United Health, Health-Net, Cigna

Goldin, Laura, Ph.D
Address: 5276 Hollister Avenue Suite 105 Goleta, CA 93111
Preferred Method of Contact: (805) 455-3862
Area of Specialty or Expertise: Depression, Anxiety Disorder, LGBTQ
Insurance Accepted: Aetna, Anthem Blue Cross

Friedman, Valerie, Ph.D
Address: 11 W. Victoria Suite #209 Santa Barbara, CA 93101
Preferred Method of Contact: (805) 722-0536
Area of Specialty or Expertise: Anxiety Disorder, Depression, PTSD, Mood Disorder, Eating Disorder
Insurance Accepted: Aetna, Medicare, Anthem Blue Cross

Guy, Lauren, Psy.D
Address: 2020 Alameda Padre Serra Suite 211
Santa Barbara, CA 93103
Preferred Method of Contact: driaurenguy@gmail.com
Area of Specialty or Expertise: Mood Disorder, Eating Disorder, Relationships, Substance Abuse, Trauma, LGBTQ, Cross Cultural
Insurance Accepted: Aetna, Anthem Blue Cross, Medicare, Medical, Blue Shield

Furukawa, Terrie, Ph.D
Address: 22 West Micheltorena D Santa Barbara, CA
Preferred Method of Contact: (805) 564-3715
Area of Specialty or Expertise: Depression, Anxiety Disorder, Life Transitions, Cross Cultural, LGBTQ
Insurance Accepted: Aetna, Anthem Blue Cross, Magellan, Blue Shield

Jackson, Robbyn, Psy.D
Address: Acacia Counseling & Wellness
948 Embarcadero del Norte Goleta, CA 93117
Preferred Method of Contact: (805)699-6668
Area of Specialty or Expertise: Eating Disorder, Trauma
Insurance Accepted: Aetna, United Health

Given, Dean, Ph.D
Address: 5901 Encina Rd., Ste A Santa Barbara, CA 93117
Preferred Method of Contact: staff@sbbh.net
Area of Specialty or Expertise: Anxiety Disorder
Insurance Accepted: Aetna, Anthem Blue Cross, Beacon Health, Magellan, United Health, Blue Shield

Janoff, Dean, Ph.D
Address: 1129 State St., #20 Santa Barbara, CA 93101
Preferred Method of Contact: (805) 962-0508
Area of Specialty or Expertise: Anxiety Disorder, Couples
Insurance Accepted: Please contact directly

Goerwitz, Kurt, Ph.D
Address: 1215 De La Vina Street Suite D
Santa Barbara, CA 93101
Preferred Method of Contact: (805) 966-5165
Area of Specialty or Expertise: Substance Abuse
Insurance Accepted: Aetna, Anthem Blue Cross, Medicare

Jarrett, Jeffrey, LMFT
Address: 26 W. Mission st. #3Santa Barbara, CA 93101
Preferred Method of Contact: (805) 450-8909
Area of Specialty or Expertise: Life Transitions, Depression, Anxiety Disorder, Family, Trauma, Men's Issues
Insurance Accepted: Aetna, Anthem Blue Cross, Health-Net, Magellan
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<table>
<thead>
<tr>
<th>Provider Name</th>
<th>Address</th>
<th>Preferred Method of Contact</th>
<th>Area of Specialty or Expertise</th>
<th>Insurance Accepted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jennings, Janis, Ph.D</td>
<td>22 W. Micheltorena Suite A Santa Barbara, CA 93101</td>
<td><a href="mailto:janisjennings@cox.net">janisjennings@cox.net</a></td>
<td>Women's Issues, Identity Issues, Anxiety Disorder, Depression</td>
<td>Aetna, Cigna, Anthem Blue Cross, Humana, Health-Net, United Health</td>
</tr>
<tr>
<td>Jewish Family Services, Greater Santa Barbara</td>
<td>524 Chapala Street Santa Barbara, CA 93101</td>
<td></td>
<td>Depression, anxiety, PTSD, LGBTQ+</td>
<td>Medicare, Blue Cross, Blue Shield, Optum, United Health Care</td>
</tr>
<tr>
<td>John, Jean Densmore, Ph.D</td>
<td>855 Estrella Drive Santa Barbara, CA 93110</td>
<td>(805) 563-2217</td>
<td>Eating Disorder, Anxiety Disorder</td>
<td>Aetna, Anthem Blue Cross Blue Shield, Medicare, TriCare</td>
</tr>
<tr>
<td>Jones-Cantekin, Melissa, Ph.D</td>
<td>1129 State Street Suite 3-g Santa Barbara, CA 93107</td>
<td><a href="mailto:mjcantekin@gmail.com">mjcantekin@gmail.com</a></td>
<td>Anxiety Disorder, Depression, Personality Disorder, Life Transitions</td>
<td>Aetna, Anthem Blue Cross, Medicare</td>
</tr>
<tr>
<td>Kanne-Casselman, Beth, LMFT</td>
<td>5266 Hollister Avenue Suite 233 Goleta, CA 93111</td>
<td>(805) 895-6960</td>
<td>Depression, Anxiety Disorder, Life Transitions, Eating Disorders, LGBTQ</td>
<td>Anthem Blue Cross, Cigna</td>
</tr>
<tr>
<td>Korno, Mitchell, Ph.D</td>
<td>2020 Alameda Padre Serra Suite 211 Santa Barbara, CA 93103</td>
<td>(805) 682-6006</td>
<td>Substance Abuse, Anxiety Disorder, Depression</td>
<td>Anthem Blue Cross, Medicare</td>
</tr>
<tr>
<td>Kashou, Jeff, MA</td>
<td>Acacia Counseling &amp; Wellness 948 Embarcadero del Norte Goleta, CA 93117</td>
<td></td>
<td>Mindfulness, Life Transitions, Anxiety Disorders, Depression, Substance Abuse, Trauma</td>
<td>United Health</td>
</tr>
<tr>
<td>Katz, Eli, MD</td>
<td>5901 Encina, Suite A Goleta, CA 93117</td>
<td><a href="mailto:staff@sbbh.net">staff@sbbh.net</a></td>
<td>Psychiatry</td>
<td>Aetna, Anthem Blue Cross, Beacon Health Humana, Magellan, United Health</td>
</tr>
<tr>
<td>Kelliher, Richard, Psy.D</td>
<td>22 West Mission Street Suite C Santa Barbara, CA 93101-2450</td>
<td><a href="mailto:pacificbhc@gmail.com">pacificbhc@gmail.com</a></td>
<td>Anxiety Disorder, Depression, Life Transitions, Illness</td>
<td>Aetna, Anthem Blue Cross, Magellan, Optum</td>
</tr>
<tr>
<td>Kloomok, Shauna, Ph.D</td>
<td>1532 State Street Suite G Santa Barbara, CA 93101</td>
<td>(805) 962-4948</td>
<td>Depression, Anxiety, Eating Disorder</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
</tbody>
</table>
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Kloos, Barbara MFT, MFT
Address: 5290 Overpass Road No. 107
Santa Barbara, CA 93111
Preferred Method of Contact: barbk77@cox.net
Area of Specialty or Expertise: Trauma, Relationships, Anxiety Disorder, Life Transitions
Insurance Accepted: Aetna, Anthem Blue Cross

Kornhandler, Bobby T, MFT
Address: 111 Arrellaga Street Santa Barbara, CA 93101
Preferred Method of Contact: (805) 451-5394
Area of Specialty or Expertise: Couples, Mood Disorder, Personality Disorder
Insurance Accepted: Aetna, Anthem Blue Cross, Beacon

Kroekel, Paul, LMFT
Address: 510 State Street, Suite 270 Santa Barbara, CA 93101
Preferred Method of Contact: paulkmft@gmail
Area of Specialty or Expertise: Anxiety Disorder, Depression, Substance Abuse
Insurance Accepted: Aetna, Anthem Blue Cross

Kuhn, Barbara LCSW, LCSW
Address: 524 Chapala Street Santa Barbara, CA 93101
Preferred Method of Contact: (805) 957-1116
Area of Specialty or Expertise: 
Insurance Accepted: Medicare

Kuklinsky, Carla, MFT
Address: 922-A State Street Suite 5 Santa Barbara, CA 93101
Preferred Method of Contact: (805) 962-1129
Area of Specialty or Expertise: Anxiety Disorder, Depression, Relationships, Addiction
Insurance Accepted: Please contact directly

Larsen, Jennifer, MFT
Address: 18 W Micheltorena, Ste B Santa Barbara, CA 93101
Preferred Method of Contact: (805) 698-1970
Area of Specialty or Expertise: Addiction, Eating Disorder, Trauma, Depression, Anxiety Disorder, OCD Relationships, LGBTQ
Insurance Accepted: Aetna, Anthem Blue Cross, Blue Shield, Optum, Cigna, Beacon Health, Tricare

Lawrence, Taryn, MFT
Address: 27 E. Victoria Ste J Santa Barbara, CA 93101
Preferred Method of Contact: (805) 252-1849
Area of Specialty or Expertise: Couples, Trauma, Depression, Anxiety Disorder, Relationships, LGBTQ
Insurance Accepted: Aetna, Anthem Blue Cross

Lehman, Karen, Ph.D
Address: 2060 Alameda Padre Serra Ste 202
Santa Barbara, CA 93101
Preferred Method of Contact: dr.karen.lehman@gmail.com
Area of Specialty or Expertise: Anxiety Disorder, Depression, Trauma, Relationships, Eating Disorders, LGBTQ
Insurance Accepted: Aetna, Anthem Blue Cross

Lewis, Christine, Ph.D
Address: 895 Via Hierba Santa Barbara, CA 93110
Preferred Method of Contact: (805) 964-8866
Area of Specialty or Expertise: Mindfulness, Depression, Anxiety Disorder, Cross Cultural
Insurance Accepted: Aetna

Light, Stuart, LMFT
Address: Family Therapy Institute111 E. Arrellaga Street
Santa Barbara, CA 93101
Preferred Method of Contact: slightlmft@gmail.com
Area of Specialty or Expertise: Addiction
Insurance Accepted: Aetna
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<thead>
<tr>
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<th>Address</th>
<th>Contact Information</th>
<th>Area of Specialty or Expertise</th>
<th>Insurance Accepted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Linker, Gary, Ph.D</td>
<td>22 W. Michiltorena Suite A. Santa Barbara, CA 93101</td>
<td>(805) 969-7084</td>
<td>Substance Abuse, Anxiety Disorder, Depression, Life Transitions</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
<tr>
<td>Lunt, Joyce, Ph.D</td>
<td>1515 State Street Suite 4 Santa Barbara, CA 93101</td>
<td>(805) 965-8880</td>
<td>Psychological Assessment, ADD, ADHD</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
<tr>
<td>Malde, Susan, Ph.D</td>
<td>1187 Coast Village Road Suite 10N Santa Barbara, CA 93108</td>
<td>(805) 969-9103</td>
<td>Anxiety Disorder, OCD, Depression, Mood Disorder, Eating Disorders, Relationships</td>
<td>Aetna, Anthem Blue Cross, United Health, Blue Shield, Cigna</td>
</tr>
<tr>
<td>Malde, Nancy MFT</td>
<td>270 Storke Rd Suite 17, Goleta CA 93117</td>
<td>(805) 969-9103</td>
<td>Culture Issues, Anxiety, Depression, Life Transitions</td>
<td>Aetna</td>
</tr>
<tr>
<td>Mar, Keith, MFT</td>
<td>270 Storke Rd. St. 6Goleta, CA 93111</td>
<td>(805) 895-4098</td>
<td>Couples, Cross Cultural, Identity Issues, Trauma, Depression, Anxiety Disorder, Mindfulness</td>
<td>Aetna</td>
</tr>
<tr>
<td>McHann, Debbie, MFT</td>
<td>5266 Hollister Avenue Suite 240 Santa Barbara, CA 93111</td>
<td>(805) 886-3045</td>
<td>Anxiety Disorder, Life Transitions, Depression, Eating Disorders, Substance Abuse</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
<tr>
<td>McMannis, Don, Ph.D</td>
<td>Family Therapy Institute 111 E Arrellage Street Santa Barbara, CA 93101</td>
<td>(805) 882-2424 x102</td>
<td>Anxiety Disorder, Depression, LGBTQ</td>
<td>Anthem Blue Cross</td>
</tr>
<tr>
<td>Mentes, Christina, Ph.D</td>
<td>933 Castillo Street Santa Barbara, CA 93101</td>
<td>(805) 455-2854</td>
<td>Anxiety Disorder, OCD, Depression, Anxiety Disorder, LGBTQ</td>
<td>Aetna, Anthem Blue Cross, Medicare</td>
</tr>
<tr>
<td>Meyerovich, Mikhail, MD</td>
<td>5901 Encina Road Suite A Goleta, California, CA 93117</td>
<td><a href="mailto:staff@sbbh.net">staff@sbbh.net</a></td>
<td>Prescribes Medicine</td>
<td>Aetna, Anthem Blue Cross, Beacon Health, Magellan, United Health, Blue Shield, Medicare</td>
</tr>
<tr>
<td>Mintzer, Kathleen, LCSW</td>
<td>5266 Hollister Ave. Building B, No 236 Goleta, CA 93117</td>
<td>(805) 403-9102</td>
<td>Anxiety Disorder, Mood Disorders, Depression, Illness, Women's Issues, Cross Cultural, LGBTQ</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
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Mock, Denise, Ph.D
Address: 270 Storke Rd. Suite 7, Goleta CA
Preferred Method of Contact: (805) 699-6668
Area of Specialty or Expertise: Mindfulness
Insurance Accepted: Aetna, Anthem Blue Cross

Palmer-Daley, Jean, Ph.D
Address: 22 West Micheltorena Suite A
Santa Barbara, CA 93101
Preferred Method of Contact: (805) 962-2816
Area of Specialty or Expertise: Identity Issues, Eating Disorder
Insurance Accepted: Please contact directly

Moghtader, James, MD
Address: Sansum Clinic 1525 State, Ste 103 Santa Barbara, CA 93101
Preferred Method of Contact: (805) 681-7517
Area of Specialty or Expertise: Psychiatry
Insurance Accepted: Aetna, Anthem Blue Cross

Panteleakos, Tina, Ph.D
Address: 1531 Chapala Street, Suite 2 Santa Barbara, CA 93101
Preferred Method of Contact: (805) 636-1021
Area of Specialty or Expertise: Depression, Anxiety Disorder, LGBTQ, 1st Generation, Trauma
Insurance Accepted: Aetna, Anthem Blue Cross

Ogle, Michael, Ph.D
Address: 115 W. Arrellaga Street Santa Barbara, CA 93101
Preferred Method of Contact: meogle812@gmail.com
Area of Specialty or Expertise: OCD, Anxiety Disorder, Depression
Insurance Accepted: Aetna, Anthem Blue Cross, United Health,

Peterson, Michele, MFT
Address: 2791 Painted Cave Rd. Santa Barbara 93105
Preferred Method of Contact: (805) 965-0581 ext.4245
Area of Specialty or Expertise: Mindfulness, Anxiety Disorder, Depression, LGBTQ
Insurance Accepted: Please contact directly
Other Languages: Spanish

Osborn, Shelley, Psy.D
Address: 1513 State St. Santa Barbara, CA 93101
Preferred Method of Contact: (805) 322-8356
Area of Specialty or Expertise: Anxiety, Depression, Relationship issues, Trauma, PTSD
Insurance Accepted: Aetna, Optum, Anthem Blue Cross

Plesons, Dennis, MD
Address: Sansum Clinic 1525 State, Ste 103 Santa Barbara, CA 93101
Preferred Method of Contact: (805) 681-7517
Area of Specialty or Expertise: Please contact directly
Insurance Accepted: Aetna, Anthem Blue Cross
Other Languages: Greek

Ousley, Louise, Ph.D
Address: 1919 State Street Suite 301 Santa Barbara, CA 93101
Preferred Method of Contact: ousatsb@usa.net
Area of Specialty or Expertise: Mood Disorder, Eating Disorder, PTSD, Illness, Trauma, LGBTQ, Cross Cultural
Insurance Accepted: Aetna, Anthem Blue Cross, Cigna

Primeau, Carol, Ph.D
Address: 1919 State Street Suite 301 Santa Barbara, CA 93101
Preferred Method of Contact: (805) 680-3612
Area of Specialty or Expertise: Eating Disorder, Mood Disorder
Insurance Accepted: Aetna
Community Provider Referral List

If you have any concerns about any of these providers, or you have not been able to connect with your community referral for regular therapy, please contact your CAPS clinician or call (805) 893-4411. As a registered student, you are welcome to stop by CAPS, if needed.

(805) 893-4411 is available 24/7

Rapley, Suzanne, Ph.D
Address: 115 West Arrellaga Santa Barbara, CA 93101
Preferred Method of Contact: (805) 963-3329
Area of Specialty or Expertise: Addiction, Anxiety Disorder, Depression, Substance Abuse, LGBTQ
Insurance Accepted: Aetna, Anthem Blue Cross

Rojo, Jose, MFT
Address: 28 West Arrellaga St. Santa Barbara, CA 93101
Preferred Method of Contact: (805) 259-5126
Area of Specialty or Expertise: Depression, Anxiety Disorder, Relationships, LGBTQ
Insurance Accepted: Aetna, Anthem Blue Cross
Other Languages: Spanish

Rothman, Howard, Ph.D
Address: 1534 Marquard Terrace Santa Barbara, CA 93101
Preferred Method of Contact: hrothman18@gmail.com
Area of Specialty or Expertise: ADHD, Learning Disabilities, Anxiety Disorder
Insurance Accepted: Please contact directly

Rotz, Roland, Ph.D
Address: 957 Maple Avenue Carpinteria, CA 93013
Preferred Method of Contact: docrotz@gmail.com
Area of Specialty or Expertise: ADHD, Learning Disabilities
Insurance Accepted: Aetna

Rudestam, Janice, Ph.D
Address: 115 W. Arrellaga St. Santa Barbara, CA 93101
Preferred Method of Contact: jrudestam@cox.net
Area of Specialty or Expertise: Mood Disorders, Depression, Anxiety Disorder, Trauma, Personality Disorder
Insurance Accepted: Aetna, Anthem Blue Cross

Rudestam, Kjell, Ph.D
Address: 115 W. Arrellaga St. Santa Barbara, CA 93101
Preferred Method of Contact: (805) 569-2540
Area of Specialty or Expertise: couples, suicide, anxiety, depression, developmental, relationship issues, consultation
Insurance Accepted: Aetna, Anthem Blue Cross
Other Languages: Swedish

Schaefer, Vonda, MFT
Address: 2020 Alameda Padre Suite 211
Santa Barbara, CA 93103
Preferred Method of Contact: vondaschafermft@gmail.com
Area of Specialty or Expertise: Nutrition
Insurance Accepted: Aetna, Anthem Blue Cross

Shamma, Karima, LMFT
Address: Acacia Counseling & Wellness
948 Embarcadero del Norte Goleta, CA 93117
Preferred Method of Contact: 805-699-6668
Area of Specialty or Expertise: 
Insurance Accepted: United Health

Schiller, Deborah, Ph.D
Address: 814 Willow Glen Rd. Santa Barbara, CA 93105
Preferred Method of Contact: (805) 284-8824
Area of Specialty or Expertise: Couples, Depression, Anxiety Disorder, Parenting
Insurance Accepted: Aetna

Serrano, Raphael, MFT
Address: 123 W. Padre Street Suite BSanta Barbara, CA 93105
2nd Office-401 Mobile Ave. suite 8, Camarillo 93010
Preferred Method of Contact: (805) 448-7732
Area of Specialty or Expertise: Substance Abuse, Depression, Anxiety Disorder
Insurance Accepted: Aetna, Anthem Blue Cross, Kaiser, Cigna, Magellan, United Health
Other Languages: Spanish
Community Provider Referral List

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Sharpe, Diana, Psy.D
Address: 425 Foxen Drive Santa Barbara, CA 93105
Preferred Method of Contact: dr.sharpe@cox.net
Area of Specialty or Expertise: Depression, Anxiety Disorder, Life Transitions, Illness, Learning Disabilities, LGBTQ
Insurance Accepted: Aetna, Anthem Blue Cross, Medicare

Steinberg, Richard, Ph.D
Address: Santa Barbara Behavioral Health 5901 Encina Rd., Ste A Goleta, CA 93117
Preferred Method of Contact: staff@sbbh.net
Area of Specialty or Expertise: Depression, Anxiety Disorder
Insurance Accepted: Aetna, Anthem Blue Cross, Beacon Health

Tetalman, Amy, MFT
Address: 5901 Encina Rd., Suite A Goleta, CA 93117
Preferred Method of Contact: staff@sbbh.net
Area of Specialty or Expertise: Illness, Substance Abuse, Relationships, Life Transitions, Depression, Anxiety Disorder
Insurance Accepted: Aetna, Anthem Blue Cross, Beacon Health

Van Prooyen, Eva, MFT
Address: 735 State Street Suite 620 Santa Barbara, CA 93108
Preferred Method of Contact: (805) 845-4960
Area of Specialty or Expertise: Anxiety Disorder, Depression, Addiction, Relationships, LGBTQ
Insurance Accepted: Aetna

Vollero, William, MD
Address: 5901 Encina, Suite A Goleta, CA 93117
Preferred Method of Contact: staff@sbbh.net
Area of Specialty or Expertise: Psychiatry
Insurance Accepted: Aetna, Anthem Blue Cross, Beacon Health

Votaw, Lani, MFT
Address: 106 West Mission Street Santa Barbara, CA 93101
Preferred Method of Contact: (805) 568-5955
Area of Specialty or Expertise: Trauma, Depression, Anxiety Disorder, Cross Cultural
Insurance Accepted: Aetna, Anthem Blue Cross, Cigna, Blue Shield, Optum

Wax, Susan, Ph.D.
Address: 1010 Garden Street Santa Barbara, CA 93101
Preferred Method of Contact: (805) 965-5040
Area of Specialty or Expertise: Depression, Women's issues, LGBTQ
Insurance Accepted: Anthem

Weininger, Radhule, Ph.D
Address: 2565 Puesta del Sol Santa Barbara, CA 93105
Preferred Method of Contact: radhule@gmail.com
Area of Specialty or Expertise: Depression, Anxiety Disorder, LGBTQ,
Insurance Accepted: Aetna, Anthem Blue Cross, Health-Net
Other Languages: German

Weininger, Ruben, MD
Address: 1227 Da la Vina Street Santa Barbara, CA 93101
Preferred Method of Contact: (805) 569-3313
Area of Specialty or Expertise: Mindfulness
Insurance Accepted: Aetna
Other Languages: French

Williams, Nicole, MFT
Address: 1010 Garden St. Santa Barbara, CA 93101
Preferred Method of Contact: (805) 252-8081
Area of Specialty or Expertise: Eating Disorder, Substance Abuse, Addiction
Insurance Accepted: Please contact directly
Community Provider Referral List

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Wilson, Eva, Ph.D
Address: 28 West Arrellaga Santa Barbara, CA 93101
Preferred Method of Contact: (805) 448-6951
Area of Specialty or Expertise: Anxiety, Depression, Relationships
Insurance Accepted: Aetna, Anthem Cross, United Health
Other Languages: Swedish

Yturralde, Yolanda, MFT
Address: 1815 State Street, Ste E Santa Barbara, CA 93101
Preferred Method of Contact: yolanda.mft@gmail.com
Area of Specialty or Expertise: Life Transitions, Trauma, Cross Cultural, LGBTQ
Insurance Accepted: Please contact directly
Other Languages: Spanish

Zander, Toni, Ph.D
Address: 2020 Alameda Padre Sierra Suite 226
Santa Barbara, CA 93101
Preferred Method of Contact: tonizander9@gmail.com
Area of Specialty or Expertise: Anxiety Disorder, Life Transitions, Depression
Insurance Accepted: Aetna