Community Provider Referral List

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Albanese, Ann Leslie, Ph.D
Address: 2020 Alameda Padre Serra Suite 226
Santa Barbara, CA 93101
Preferred Method of Contact: (805) 350-3908
Area of Specialty or Expertise: Eating Disorder, Mood Disorder, Anxiety Disorder, LGBTQ, Cross Cultural
Insurance Accepted: Aetna, Anthem Blue Cross
Other Languages: Spanish

Alden, Elizabeth, Ph.D
Address: 22 West Micheltorena Suite D
Santa Barbara, CA 93101
Preferred Method of Contact: (805) 564-3715
Area of Specialty or Expertise: Personality Disorders
Insurance Accepted: Aetna, Anthem Blue Cross, Blue Shield, HealthNet, Prudential, Cigna, Optum

Alexander, Ron, Ph.D
Address: 206 West Anapamu St. Santa Barbara, CA 93101
Preferred Method of Contact: Ronalexanderphd@gmail
Area of Specialty or Expertise: LGBTQ, Trauma, Anxiety Disorder
Insurance Accepted: Aetna

Baggerly Mar, Kathleen, LMFT
Address: 270 Storke Rd. St. 6Goleta, CA 93111
Preferred Method of Contact: (805) 570-8156
Area of Specialty or Expertise: Trauma, Anxiety Disorder, Depression, OCD
Insurance Accepted: Aetna, Anthem Blue Cross, United Health, HealthNet, Most Insurances
Other Languages: ASL

Bannister, Robert, LMFT
Address: 621 Chapala Street Suite C Santa Barbara, CA 93103
Preferred Method of Contact: (805) 705-3987
Area of Specialty or Expertise: CBT
Insurance Accepted: Aetna, Anthem Blue Cross, United Health, HealthNet

Basch, Janice, Ph.D
Address: 119 Figueroa Street Ventura, CA 93001
Preferred Method of Contact: janice@drjanicebasch.com
Area of Specialty or Expertise: Mood Disorder, Anxiety Disorder, Depression, Substance Abuse
Insurance Accepted: Aetna, Anthem Blue Cross, Medicare

Beiley, Michael, Ph.D
Address: 115 West Arrellaga Street Santa Barbara, CA 93101
Preferred Method of Contact: (805) 350-3908
Area of Specialty or Expertise: Anxiety Disorders, Obsessive-Compulsive Disorder, OCD spectrum disorders and phobias or fears
Insurance Accepted: Contact Directly

Benson, Lisa, Psy.D
Address: 1215 De La Vina St. Suite F Santa Barbara, CA 93101-5164
Preferred Method of Contact: (805) 570-0414
Area of Specialty or Expertise: Relationships, Trauma, Depression, Anxiety Disorder, Couples.
Insurance Accepted: Aetna, Anthem Blue Cross, Humana,

Betita, Juliet, LMFT
Address: 22 West Micheltorena Suite B Santa Barbara, CA 93101 Acaica Counseling Center
Preferred Method of Contact: (805) 687-1201
Area of Specialty or Expertise: Trauma, Cross Cultural, Identity Issues
Insurance Accepted: Aetna, Anthem Blue Cross
Other Languages: Tagalog

Bimbela, Alfredo, Ph.D
Address: 800 Garden Street Suite I Santa Barbara, CA 93101
Preferred Method of Contact: (805) 284-1783
Area of Specialty or Expertise: Prescribes Medicine
Insurance Accepted: Anthem Blue Cross, Cigna, United Health
Other Languages: Spanish
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<table>
<thead>
<tr>
<th>Provider Name</th>
<th>Address</th>
<th>Preferred Method of Contact</th>
<th>Area of Specialty or Expertise</th>
<th>Insurance Accepted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blatter, Jo-Anne, LCSW</td>
<td>2565 Puesta del Sol, Ste 102, Santa Barbara, CA 93105</td>
<td>(805) 682-7313</td>
<td>Illness, Couples, Relationships, Anxiety Disorder, Depression</td>
<td>Anthem Blue Cross, Medicare</td>
</tr>
<tr>
<td>Blum, Vicky, LCSW</td>
<td>621 Chapala St. Ste A Santa Barbara, CA 93101</td>
<td>(805) 965-1995</td>
<td>Depression, Anxiety Disorder, Eating Disorder, Addiction, Trauma</td>
<td>Aetna, Anthem Blue Cross, Medicare</td>
</tr>
<tr>
<td>Brooks, Ronald, Ph.D</td>
<td>629 State St. Ste 203 Santa Barbara, CA 93101</td>
<td>(805) 729-1867</td>
<td>Depression, Anxiety Disorder, ADHD</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
<tr>
<td>Chase, Sheryl, Ph.D</td>
<td>22 C West Micheltorena Santa Barbara, CA 93101</td>
<td>(805) 967-1200</td>
<td>Depression, Anxiety Disorder, Eating Disorder, Trauma, Identity Issues</td>
<td>United Health, Anthem Blue Cross, Cigna, Medicare</td>
</tr>
<tr>
<td>Chen, Beverly, LCSW</td>
<td>270 Storke Road Suite 17 Goleta, CA 93117</td>
<td><a href="mailto:BeverlyChenLCSW@gmail.com">BeverlyChenLCSW@gmail.com</a></td>
<td>Depression, Anxiety Disorder, Eating Disorder, Cross Cultural, 1st Generation, Women's Issues</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
<tr>
<td>Claydon, Peter, Ph.D</td>
<td>1531 Chapala Street Suite 2 Santa Barbara, CA 93101</td>
<td><a href="mailto:claydonwork@yahoo.com">claydonwork@yahoo.com</a></td>
<td>Trauma, Substance Abuse</td>
<td>Aetna, Anthem Blue Cross, Medicare</td>
</tr>
<tr>
<td>Coady, Angela, MFT</td>
<td>5276 Hollister ave. Suite 252 Goleta, CA 93111</td>
<td>(805) 452-4638</td>
<td>Anxiety Disorder, Depression, Couples, Mental Disorder, Self-esteem</td>
<td>Aetna, Anthem Blue Cross, United Health, wholeman group</td>
</tr>
<tr>
<td>Cook, Chyneitha, Psy.D</td>
<td>Acacia Counseling &amp; Wellness 948 Embarcadero del Norte Goleta, CA 93117</td>
<td>(805) 699-6668</td>
<td>Women's Issues, Cross Cultural, Anxiety Disorder</td>
<td>Aetna</td>
</tr>
<tr>
<td>Corman, Bonnie, Ph.D</td>
<td>91 Depot Road Santa Barbara, CA 93108</td>
<td><a href="mailto:bonniecorman@gmail.com">bonniecorman@gmail.com</a></td>
<td>Depression, Family, Anxiety Disorder, Learning Disabilities</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
<tr>
<td>Cosentino, Lisa, Ph.D</td>
<td>510 E. Sola Street Santa Barbara, CA 93103</td>
<td>(805) 564-1999</td>
<td>Eating Disorder, Depression, OCD, Trauma, Anxiety Disorder</td>
<td>Aetna, Anthem Blue Cross, Cigna, Blue Shield, Health Net, Medicare</td>
</tr>
</tbody>
</table>
Community Provider Referral List

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Cowdrey, Karen, LCSW
Address: 5901 Encino Rd. Suite A-1 Goleta, CA 93117
Preferred Method of Contact: staff@sbbh.net
Area of Specialty or Expertise: Family
Insurance Accepted: Aetna, Anthem Blue Cross, Beacon Health
Humana, Magellan, United Health, Blue Shield

Dalton Stein, Debra, MFT
Address: 22 W. Micheltorena Suite A Santa Barbara, CA 93101
Preferred Method of Contact: debrastein@me.com
Area of Specialty or Expertise: OCD, Depression, Anxiety Disorder, Eating Disorder
Insurance Accepted: Please contact directly

Donahue, Megan, Ph. D
Address: 270 Storke Rd St. 17 Goleta CA, 93117
AND 2060 Alameda Oadre Sierra St. 202 Santa Barbara 93103
Preferred Method of Contact: info@drmegandonahue.com
Area of Specialty or Expertise: Anxiety Disorders
Insurance Accepted: Aetna, Anthem Blue Cross

Dritsas, Susan, MFT
Address: 5266 Hollister Avenue, Suite 236
Santa Barbara, California 93111 Also in Acacia Counseling Center
Preferred Method of Contact: (805) 252-7557
Area of Specialty or Expertise: Trauma, Depresssion, Anxiety Disorder, Life Transition, Substance Abuse, LGBTQ
Insurance Accepted: Aetna

Encarnacion, Sofia, MD
Address: Santa Barbara Behavioral Healt 5901 Encina Road, Suite A Goleta, CA 93117
Preferred Method of Contact: staff@sbbh.net
Area of Specialty or Expertise: ADHD, Women's Issues, Cross Cultural, Prescribes Medicine
Insurance Accepted: Aetna, Anthem Blue Cross, Beacon Health
Humana, Magellan, United Health, Blue Shield
Other Languages: Spanish

Farber, Susan, MFT
Address: 22 West Micheltorena, Ste B Santa Barbara, CA 93101 or 240 E.Hwy 246 suite 210 Buellton CA 93427
Preferred Method of Contact: (805) 886-5538
Area of Specialty or Expertise: Illness, Depression, Anxiety Disorder, LGBTQ
Insurance Accepted: Aetna, Anthem Blue Cross, Tric Care

Felix, Erika, Ph.D
Address: 5901 Encina Rd., Ste A Goleta, CA 93117
Preferred Method of Contact: staff@sbbh.net
Area of Specialty or Expertise: Family, Relationships, Trauma
Insurance Accepted: Aetna, Anthem Blue Cross, Beacon Health
Humana, Magellan, United Health, Blue Shield

Ferguson, Michael, MD
Address: Santa Barbara Behavioral Healt 5901 Encina Road, Suite A Goleta, CA 93117
Preferred Method of Contact: staff@sbbh.net
Area of Specialty or Expertise: Psychiatry
Insurance Accepted: Aetna, Anthem Blue Cross, Beacon Health
Humana, Magellan, United Health, Blue Shield

Field, Miranda, MFT
Address: 1010 Garden Street Santa Barbara, CA 93101
Preferred Method of Contact: (805) 588-0500
Area of Specialty or Expertise: Depression, Anxiety Disorder, Trauma, Relationships, LGBTQ
Insurance Accepted: Please contact directly

El Asyouty, Sherif, MD
Address: 3 West Carrillo, Ste 217 Santa Barbara, CA 93101
Preferred Method of Contact: (805) 884-4989
Area of Specialty or Expertise: Addiction
Insurance Accepted: Aetna, Anthem Bluekue Cross, Cigna, Magellan, Health-Net, United Care. No Medicare, and blueshield and Kaiser
Other Languages: Arabic
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Fortman, Jay, Ph.D
Address: 5276 Hollister Avenue Suite 301 Santa Barbara, CA 93111
Preferred Method of Contact: djray55@yahoo.com
Area of Specialty or Expertise: ADHD, Depression, Anxiety Disorder, LGBTQ, Cross Cultural
Insurance Accepted: Aetna, Anthem Blue Cross, United Health, Health-Net, Cigna

Goldin, Laura, Ph.D
Address: 5276 Hollister Avenue Suite 105 Goleta, CA 93111
Preferred Method of Contact: (805) 455-3862
Area of Specialty or Expertise: Depression, Anxiety Disorder, LGBTQ
Insurance Accepted: Aetna, Anthem Blue Cross

Friedman, Valerie, Ph.D
Address: 11 W. Victoria Suite #209 Santa Barbara, CA 93101
Preferred Method of Contact: (805) 722-0536
Area of Specialty or Expertise: Anxiety Disorder, Depression, PTSD, Mood Disorder, Eating Disorder
Insurance Accepted: Aetna, Medicare, Anthem Blue Cross

Guy, Lauren, Psy.D
Address: 2020 Alameda Padre Serra Suite 211
Santa Barbara, CA 93103
Preferred Method of Contact: driaurenguy@gmail.com
Area of Specialty or Expertise: Mood Disorder, Eating Disorder, Relationships, Substance Abuse, Trauma, LGBTQ, Cross Cultural
Insurance Accepted: Aetna, Anthem Blue Cross, Medicare, Medical, Blue Shield

Furukawa, Terrie, Ph.D
Address: 22 West Micheltorena D Santa Barbara, CA
Preferred Method of Contact: (805) 564-3715
Area of Specialty or Expertise: Depression, Anxiety Disorder, Life Transitions, Cross Cultural, LGBTQ
Insurance Accepted: Aetna, Anthem Blue Cross, Magellan, Blue Shield

Jackson, Robbyn, Psy.D
Address: Acacia Counseling & Wellnese
948 Embarcadero del Norte Goleta, CA 93117
Preferred Method of Contact: (805)699-6668
Area of Specialty or Expertise: Eating Disorder, Trauma
Insurance Accepted: Aetna, United Health

Given, Dean, Ph.D
Address: 5901 Encina Rd., Ste A Santa Barbara, CA 93117
Preferred Method of Contact: staff@sbbh.net
Area of Specialty or Expertise: Anxiety Disorder
Insurance Accepted: Aetna, Anthem Blue Cross, Beacon Health Humana, Magellan, United Health, Blue Shield

Janoff, Dean, Ph.D
Address: 1129 State St., #20 Santa Barbara, CA 93101
Preferred Method of Contact: (805) 962-0508
Area of Specialty or Expertise: Anxiety Disorder, Couples
Insurance Accepted: Please contact directly

Goerwitz, Kurt, Ph.D
Address: 1215 De La Vina Street Suite D
Santa Barbara, CA 93101
Preferred Method of Contact: (805) 966-5165
Area of Specialty or Expertise: Substance Abuse
Insurance Accepted: Aetna, Anthem Blue Cross, Medicare

Jarrett, Jeffrey, LMFT
Address: 26 W. Mission St. #3 Santa Barbara, CA 93101
Preferred Method of Contact: (805) 450-8909
Area of Specialty or Expertise: Life Transitions, Depression, Anxiety Disorder, Family, Trauma, Men's Issues
Insurance Accepted: Aetna, Anthem Blue Cross, Health-Net, Magellan
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Jennings, Janis, Ph.D
Address: 22 W. Micheltorena Suite A Santa Barbara, CA 93101
Preferred Method of Contact: janisjennings@cox.net
Area of Specialty or Expertise: Women's Issues, Identity Issues, Anxiety Disorder, Depression
Insurance Accepted: Aetna, Cigna, Anthem Blue Cross, Humana, Health-Net, United Health

Karno, Mitchell, Ph.D
Address: 2020 Alameda Padre Serra Suite 211
Santa Barbara, CA 93103
Preferred Method of Contact: (805) 682-6006
Area of Specialty or Expertise: Substance Abuse, Anxiety Disorder, Depression
Insurance Accepted: Anthem Blue Cross, Medicare

Jewish Family Services, Greater Santa Barbara,
Address: 524 Chapala Street Santa Barbara, CA 93101
Preferred Method of Contact: (805) 957-1116
Area of Specialty or Expertise: Depression, anxiety, PTSD, LGBTQ+
Insurance Accepted: Medicare, Blue Cross, Blue Shield, Optum, United Health Care

Kashou, Jeff, MA
Address: Acacia Counseling & Wellness
948 Embarcadero del Norte Goleta, CA 93117
Preferred Method of Contact: (805) 699-6668
Area of Specialty or Expertise: Mindfulness, Life Transitions, Anxiety Disorders, Depression, Substance Abuse, Trauma
Insurance Accepted: United Health

John, Jean Densmore, Ph.D
Address: 855 Estrella Drive Santa Barbara, CA 93110
Preferred Method of Contact: (805) 563-2217
Area of Specialty or Expertise: Eating Disorder, Anxiety Disorder
Insurance Accepted: Aetna, Anthem Blue Cross Blue Shield, Medicare, TriCare

Katz, Eli, MD
Address: 5901 Encina, Suite A Goleta, CA 93117
Preferred Method of Contact: staff@sbbh.net
Area of Specialty or Expertise: Psychiatry
Insurance Accepted: Aetna, Anthem Blue Cross, Beacon Health
Humana, Magellan, United Health

Jones-Cantekin, Melissa, Ph.D
Address: 1129 State Street Suite 3-g Santa Barbara, CA 93107
Preferred Method of Contact: mjcanctekin@gmail.com
Area of Specialty or Expertise: Anxiety Disorder, Depression, Personality Disorder, Life Transitions
Insurance Accepted: Aetna, Anthem Blue Cross, Medicare

Kelliher, Richard, Psy.D
Address: 22 West Mission Street Suite C
Santa Barbara, CA 93101-2450
Preferred Method of Contact: pacificbhcs@gmail.com
Area of Specialty or Expertise: Anxiety Disorder, Depression, Life Transitions, Illness
Insurance Accepted: Aetna, Anthem Blue Cross, Magellan, Optum

Kanne-Casselman, Beth, LMFT
Address: 5266 Hollister Avenue Suite 233 Goleta, CA 93111
Preferred Method of Contact: (805) 895-6960
Area of Specialty or Expertise: Depression, Anxiety Disorder, Life Transitions, Eating Disorders, LGBTQ
Insurance Accepted: Anthem Blue Cross, Aetna

Kloomok, Shauna, Ph.D
Address: 1532 State Street Suite G Santa Barbara, CA 93101
Preferred Method of Contact: (805) 962-4948
Area of Specialty or Expertise: Depression, Anxiety, Eating Disorder
Insurance Accepted: Aetna, Anthem Blue Cross
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</thead>
<tbody>
<tr>
<td>Kloos, Barbara MFT, MFT</td>
<td>5290 Overpass Road No. 107 Santa Barbara, CA 93111</td>
<td><a href="mailto:barbk77@cox.net">barbk77@cox.net</a></td>
<td>Trauma, Relationships, Anxiety Disorder, Life Transitions</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
<tr>
<td>Kornhandler, Bobby T, MFT</td>
<td>111 Arrellaga Street Santa Barbara, CA 93101</td>
<td>(805) 451-5394</td>
<td>Couples, Mood Disorder, Personality Disorder</td>
<td>Aetna, Anthem Blue Cross, Beacon</td>
</tr>
<tr>
<td>Kroekel, Paul, LMFT</td>
<td>510 State Street, Suite 270 Santa Barbara, CA 93101</td>
<td>paulkmft@gmail</td>
<td>Anxiety Disorder, Depression, Substance Abuse</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
<tr>
<td>Kuhn, Barbara LCSW, LCSW</td>
<td>524 Chapala Street Santa Barbara, CA 93101</td>
<td>(805) 957-1116</td>
<td>Anxiety Disorder, Depression</td>
<td>Medicare</td>
</tr>
<tr>
<td>Kuklinsky, Carla, MFT</td>
<td>922-A State Street Suite 5 Santa Barbara, CA 93101</td>
<td>(805) 962-1129</td>
<td>Anxiety Disorder, Depression, Relationships, Addiction</td>
<td>Please contact directly</td>
</tr>
<tr>
<td>Larsen, Jennifer, MFT</td>
<td>18 W Micheltorena, Ste B Santa Barbara, CA 93101</td>
<td>(805) 698-1970</td>
<td>Addiction, Eating Disorder, Trauma, Depression, Anxiety Disorder, OCD Relationships, LGBTQ</td>
<td>Aetna, Anthem Blue Cross, Blue Shield, Optum, Cigna, Beacon Health, Tricare</td>
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<tr>
<td>Lawrence, Taryn, MFT</td>
<td>27 E. Victoria Ste J Santa Barbara, CA 93101</td>
<td>(805) 252-1849</td>
<td>Couples, Trauma, Depression, Anxiety Disorder, Relationships, LGBTQ</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
<tr>
<td>Lehman, Karen, Ph.D</td>
<td>2060 Alameda Padre Serra Ste 202 Santa Barbara, CA 93101</td>
<td><a href="mailto:dr.karen.lehman@gmail.com">dr.karen.lehman@gmail.com</a></td>
<td>Anxiety Disorder, Depression, Trauma, Relationships, Eating Disorders, LGBTQ</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
<tr>
<td>Lewis, Christine, Ph.D</td>
<td>895 Via Hierba Santa Barbara, CA 93110</td>
<td>(805) 964-8866</td>
<td>Mindfulness, Depression, Anxiety Disorder, Cross Cultural</td>
<td>Aetna</td>
</tr>
<tr>
<td>Light, Stuart, LMFT</td>
<td>Family Therapy Institute111 E. Arrellaga Street Santa Barbara, CA 93101</td>
<td><a href="mailto:slightlmft@gmail.com">slightlmft@gmail.com</a></td>
<td>Addiction</td>
<td>Aetna</td>
</tr>
</tbody>
</table>
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<tbody>
<tr>
<td>Linker, Gary, Ph.D</td>
<td>22 W. Micholtenona Suite A. Santa Barbara, CA 93101</td>
<td>(805) 969-7084</td>
<td>Substance Abuse, Anxiety Disorder, Depression, Life Transitions</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
<tr>
<td>Lunt, Joyce, Ph.D</td>
<td>1515 State Street Suite 4 Santa Barbara, CA 93101</td>
<td>(805) 965-8880</td>
<td>Psychological Assessment, ADD, ADHD</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
<tr>
<td>Malde, Susan, Ph.D</td>
<td>1187 Coast Village Road Suite 10N Santa Barbara, CA 93108</td>
<td>(805) 969-9103</td>
<td>Anxiety Disorder, OCD, Depression, Mood Disorder, Eating Disorders, Relationships</td>
<td>Anthem Blue Cross, United Health, Blue Shield, Cigna</td>
</tr>
<tr>
<td>Malde, Nancy MFT</td>
<td>270 Storke Rd Suite 17, Goleta CA 93117</td>
<td>(805) 969-9103</td>
<td>Culture Issues, Anxiety, Depression, Life Transitions</td>
<td>Anthem Blue Cross, Aetna</td>
</tr>
<tr>
<td>Mar, Keith, MFT</td>
<td>270 Storke Rd. St. 6Goleta, CA 93111</td>
<td>(805) 895-4098</td>
<td>Couples, Cross Cultural, Identity Issues, Trauma, Depression, Anxiety Disorder, Mindfulness</td>
<td>Aetna</td>
</tr>
<tr>
<td>McHann, Debbie, MFT</td>
<td>5266 Hollister Avenue Suite 240 Santa Barbara, CA 93111</td>
<td>(805) 886-3045</td>
<td>Anxiety Disorder, Life Transitions, Depression, Eating Disorders, Substance Abuse</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
<tr>
<td>McMannis, Don, Ph.D</td>
<td>Family Therapy Institute 111 E Arrellage Street Santa Barbara, CA 93101</td>
<td>(805) 882-2424 x102</td>
<td>Anxiety Disorder, Depression, LGBTQ</td>
<td>Anthem Blue Cross</td>
</tr>
<tr>
<td>Mentes, Christina, Ph.D</td>
<td>933 Castillo Street Santa Barbara, CA 93101</td>
<td>(805) 455-2854</td>
<td>Mood Disorder, LGBTQ Depression, Anxiety Disorder, LGBTQ</td>
<td>Aetna, Anthem Blue Cross, Medicare</td>
</tr>
<tr>
<td>Meyerovich, Mikhail, MD</td>
<td>5901 Encina Road Suite A Goleta, California, CA 93117</td>
<td></td>
<td>Prescribes Medicine</td>
<td>Aetna, Anthem Blue Cross, Beacon Health Humana, Magellan, United Health, Blue Shield</td>
</tr>
<tr>
<td>Mintzer, Kathleen, LCSW</td>
<td>5266 Hollister Ave. Building B, No 236 Goleta, CA 93117</td>
<td>(805) 403-9102</td>
<td>Anxiety Disorder, Mood Disorders, Depression, Illness, Women's Issues, Cross Cultural, LGBTQ</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
</tbody>
</table>
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<th>Insurance Accepted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mock, Denise, Ph.D</td>
<td>270 Storke Rd. Suite 7, Goleta CA</td>
<td>(805) 699-6668</td>
<td>Mindfulness</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
<tr>
<td>Moghtader, James, MD</td>
<td>Sansum Clinic 1525 State, Ste 103 Santa Barbara, CA 93101</td>
<td>(805) 681-7517</td>
<td>Psychiatry</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
<tr>
<td>Ogle, Michael, Ph.D</td>
<td>115 W. Arrellaga Street Santa Barbara, CA 93101</td>
<td><a href="mailto:meogle812@gmail.com">meogle812@gmail.com</a></td>
<td>OCD, Anxiety Disorder, Depression</td>
<td>Aetna, Anthem Blue Cross, United Health,</td>
</tr>
<tr>
<td>Osborn, Shelley, Psy.D</td>
<td>1513 State St. Santa Barbara, CA 93101</td>
<td>(805) 322-8356</td>
<td>Anxiety, Depression, Relationship Issues, Trauma, PTSD</td>
<td>Aetna, Optum, Anthem Blue Cross</td>
</tr>
<tr>
<td>Ousley, Louise, Ph.D</td>
<td>1919 State Street Suite 301 Santa Barbara, CA 93101</td>
<td><a href="mailto:ouatesb@usa.net">ouatesb@usa.net</a></td>
<td>Mood Disorder, Eating Disorder, PTSD, Illness, Trauma, LGBTQ, Cross Cultural</td>
<td>Aetna, Anthem Blue Cross, Cigna</td>
</tr>
<tr>
<td>Palmer-Daley, Jean, Ph.D</td>
<td>22 West Michellorena Suite A Santa Barbara, CA 93101</td>
<td>(805) 965-0581 ext.4245</td>
<td>Identity Issues, Eating Disorder</td>
<td>Aetna, Anthem Blue Cross</td>
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<tr>
<td>Panteleakos, Tina, Ph.D</td>
<td>1531 Chapala Street, Suite 2 Santa Barbara, CA 93101</td>
<td>(805) 636-1021</td>
<td>Depression, Anxiety Disorder, LGBTQ, 1st Generation, Trauma</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
<tr>
<td>Peterson, Michele, MFT</td>
<td>2791 Painted Cave Rd. Santa Barbara 93105</td>
<td>(805) 965-0581 ext.4245</td>
<td>Mindfulness, Anxiety Disorder, Depression, LGBTQ</td>
<td>Please contact directly</td>
</tr>
<tr>
<td>Plesons, Dennis, MD</td>
<td>Sansum Clinic 1525 State, Ste 103 Santa Barbara, CA 93101</td>
<td>(805) 681-7517</td>
<td>Anxiety Disorder, Depression, LGBTQ</td>
<td>Aetna, Anthem Blue Cross</td>
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<tr>
<td>Primeau, Carol, Ph.D</td>
<td>1919 State Street Suite 301 Santa Barbara, CA 93101</td>
<td>(805) 680-3612</td>
<td>Eating Disorder, Mood Disorder</td>
<td>Aetna, Anthem Blue Cross</td>
</tr>
</tbody>
</table>

*Other Languages*: Spanish

*Other Languages*: Greek
### Community Provider Referral List

If you have any concerns about any of these providers, or you have not been able to connect with your community referral for regular therapy, please contact your CAPS clinician or call (805) 893-4411. As a registered student, you are welcome to stop by CAPS, if needed. (805) 893-4411 is available 24/7

<table>
<thead>
<tr>
<th>Provider Name</th>
<th>Address</th>
<th>Preferred Method of Contact</th>
<th>Area of Specialty or Expertise</th>
<th>Insurance Accepted</th>
<th>Other Languages</th>
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</thead>
<tbody>
<tr>
<td>Rapley, Suzanne, Ph.D</td>
<td>115 West Arrellaga Santa Barbara, CA 93101</td>
<td>(805) 963-3329</td>
<td>Addiction, Anxiety Disorder, Depression, Substance Abuse, LGBTQ</td>
<td>Aetna, Anthem Blue Cross</td>
<td></td>
</tr>
<tr>
<td>Rojo, Jose, MFT</td>
<td>28 West Arrellaga St. Santa Barbara, CA 93101</td>
<td>(805) 259-5126</td>
<td>Depression, Anxiety Disorder, Relationships, LGBTQ</td>
<td>Aetna, Anthem Blue Cross</td>
<td>Spanish</td>
</tr>
<tr>
<td>Rothman, Howard, Ph.D</td>
<td>1534 Marquard Terrace Santa Barbara, CA 93101</td>
<td><a href="mailto:hrothman18@gmail.com">hrothman18@gmail.com</a></td>
<td>ADHD, Learning Disabilities, Anxiety Disorder</td>
<td>Please contact directly</td>
<td></td>
</tr>
<tr>
<td>Rotz, Roland, Ph.D</td>
<td>957 Maple Avenue Carpinteria, CA 93013</td>
<td><a href="mailto:docrotz@gmail.com">docrotz@gmail.com</a></td>
<td>ADHD, Learning Disabilities</td>
<td>Aetna</td>
<td></td>
</tr>
<tr>
<td>Rudestam, Janice, Ph.D</td>
<td>115 W. Arrellaga St. Santa Barbara, CA 93101</td>
<td><a href="mailto:jrudestam@cox.net">jrudestam@cox.net</a></td>
<td>Mood Disorders, Depression, Anxiety Disorder, Trauma, Personality Disorder</td>
<td>Aetna, Anthem Blue Cross</td>
<td>Spanish</td>
</tr>
<tr>
<td>Rudestam, Kjell, Ph.D</td>
<td>115 W. Arrellaga St. Santa Barbara, CA 93101</td>
<td>(805) 569-2540</td>
<td>Couples, suicide, anxiety, depression, developmental, relationship issues, consultation</td>
<td>Aetna, Anthem Blue Cross</td>
<td>Swedish</td>
</tr>
<tr>
<td>Schaefer, Vonda, MFT</td>
<td>2020 Alameda Padre Suite 211 Santa Barbara, CA 93103</td>
<td><a href="mailto:vondaschafermft@gmail.com">vondaschafermft@gmail.com</a></td>
<td>Nutrition</td>
<td>Aetna, Anthem Blue Cross</td>
<td></td>
</tr>
<tr>
<td>Schiller, Deborah, Ph.D</td>
<td>814 Willow Glen Rd. Santa Barbara, CA 93105</td>
<td>(805) 284-8824</td>
<td>Couples, Depression, Anxiety Disorder, Parenting</td>
<td>Aetna</td>
<td></td>
</tr>
<tr>
<td>Serrano, Raphael, MFT</td>
<td>123 W. Padre Street Suite BSanta Barbara, CA 93105</td>
<td>(805) 448-7732</td>
<td>Substance Abuse, Depression, Anxiety Disorder</td>
<td>Aetna, Anthem Blue Cross, Kaiser, Cigna, Magellan, United Health</td>
<td>Spanish</td>
</tr>
</tbody>
</table>
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Sharpe, Diana, Psy.D
Address: 425 Foxen Drive Santa Barbara, CA 93105
Preferred Method of Contact: dr.sharpe@cox.net
Area of Specialty or Expertise: Depression, Anxiety Disorder, Life Transitions, Illness, Learning Disabilities, LGBTQ
Insurance Accepted: Aetna, Anthem Blue Cross, Medicare

Steinberg, Richard, Ph.D
Address: Santa Barbara Behavioral Health 5901 Encina Rd., Ste A Goleta, CA 93117
Preferred Method of Contact: staff@sbbh.net
Area of Specialty or Expertise: Depression, Anxiety Disorder
Insurance Accepted: Aetna, Anthem Blue Cross, Beacon Health

Tetalman, Amy, MFT
Address: 5901 Encina Rd., Suite A Goleta, CA 93117
Preferred Method of Contact: staff@sbbh.net
Area of Specialty or Expertise: Illness, Substance Abuse, Relationships, Life Transitions, Depression, Anxiety Disorder
Insurance Accepted: Aetna, Anthem Blue Cross, Beacon Health

Van Prooyen, Eva, MFT
Address: 735 State Street Suite 620 Santa Barbara, CA 93108
Preferred Method of Contact: (805) 845-4960
Area of Specialty or Expertise: Anxiety Disorder, Depression, Addiction, Relationships, LGBTQ
Insurance Accepted: Aetna

Votaw, Lani, MFT
Address: 106 West Mission Street Santa Barbara, CA 93101
Preferred Method of Contact: (805) 568-5955
Area of Specialty or Expertise: Trauma, Depression, Anxiety Disorder, Cross Cultural
Insurance Accepted: Aetna, Anthem Blue Cross, Cigna, Blue Shield, Optum

Wax, Susan, Ph.D.
Address: 1010 Garden Street Santa Barbara, CA 93101
Preferred Method of Contact: (805) 965-5040
Area of Specialty or Expertise: Depression, Women's issues, LGBTQ
Insurance Accepted: Anthem

Weininger, Radhule, Ph.D
Address: 2565 Puesta del Sol Santa Barbara, CA 93105
Preferred Method of Contact: radhule@gmail.com
Area of Specialty or Expertise: Depression, Anxiety Disorder, LGBTQ,
Insurance Accepted: Aetna, Anthem Blue Cross, Health-Net
Other Languages: German

Weininger, Ruben, MD
Address: 1227 Da la Vina Street Santa Barbara, CA 93101
Preferred Method of Contact: (805) 569-3313
Area of Specialty or Expertise: Mindfulness
Insurance Accepted: Aetna
Other Languages: French

Williams, Nicole, MFT
Address: 1010 Garden St. Santa Barbara, CA 93101
Preferred Method of Contact: (805) 252-8081
Area of Specialty or Expertise: Eating Disorder, Substance Abuse, Addiction
Insurance Accepted: Please contact directly
Community Provider Referral List

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Wilson, Eva, Ph.D
Address: 28 West Arrellaga Santa Barbara, CA 93101
Preferred Method of Contact: (805) 448-6951
Area of Specialty or Expertise: Anxiety, Depression, Relationships
Insurance Accepted: Aetna, Anthem Cross, United Health
Other Languages: Swedish

Yturralde, Yolanda, MFT
Address: 1815 State Street, Ste E Santa Barbara, CA 93101
Preferred Method of Contact: yolanda.mft@gmail.com
Area of Specialty or Expertise: Life Transitions, Trauma, Cross Cultural, LGBTQ
Insurance Accepted: Please contact directly
Other Languages: Spanish

Zander, Toni, Ph.D
Address: 2020 Alameda Padre Sierra Suite 226
Santa Barbara, CA 93101
Preferred Method of Contact: tonizander9@gmail.com
Area of Specialty or Expertise: Anxiety Disorder, Life Transitions, Depression
Insurance Accepted: Aetna