Nuestra Comunidad:

Finding Our Strength in Community

This weekly dialogue provides a safe space for ChicanX/LatinX students to share, learn, and support each other and recognize and develop their strengths. This group will explore the role that cultural heritage plays in psychological and academic wellbeing. ChicanX/LatinX students will have the opportunity to talk about culture and diversity, family, identity, belonging, financial literacy, healthy relationships, navigating the university, and what it means to be a ChicanX/LatinX college student.



Thursdays 2-3:30pm

beginning April 13, 2017

Carla Corral, Ph.D.

CAPS Staff Psychologist

Ozzie Espinoza, M.A.

EOP Counselor

Please call (805) 893-4411 to schedule your pre-screen appointment or visit caps.sa.ucsb.edu to submit an interest form.



