

## Community Provider Referral List

If you have any concerns about any of these providers, or you have not been able to connect with your community referral for regular therapy, please contact your CAPS clinician or call (805) 893-4411.

As a registered student, you are welcome to stop by CAPS, if needed.

**(805) 893-4411** is available 24/7

### Albanese, Ann Leslie, Ph.D

**Address:** 2020 Alameda Padre Serra Suite 226  
Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 350-3908

**Area of Specialty or Expertise:** Eating Disorder, Mood Disorder, Anxiety Disorder, LGBTQ, Cross Cultural

**Insurance Accepted:** Aetna, Anthem Blue Cross

**Other Languages:** Spanish

### Alden, Elizabeth, Ph.D

**Address:** 22 West Micheltorena Suite D  
Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 564-3715

**Area of Specialty or Expertise:** Personality Disorders

**Insurance Accepted:** Aetna, Anthem Blue Cross, Blue Shield, HealthNet, Prudential, Cigna, Optum

### Alexander, Ron, Ph.D

**Address:** 206 West Anapamu St. Santa Barbara, CA 93101

**Preferred Method of Contact:** Ronalexanderphd@gmail

**Area of Specialty or Expertise:** LGBTQ, Trauma, Anxiety Disorder

**Insurance Accepted:** Aetna

### Baggerly Mar, Kathleen, LMFT

**Address:** 270 Storke Rd. St. 6Goleta, CA 93111

**Preferred Method of Contact:** (805) 570-8156

**Area of Specialty or Expertise:** Trauma, Anxiety Disorder, Depression, OCD

**Insurance Accepted:** Aetna, Anthem Blue Cross, United Health, Health-Net, Most Insurances

**Other Languages:** ASL

### Bannister, Robert, LMFT

**Address:** 621 Chapala Street Suite C Santa Barbara, CA 93103

**Preferred Method of Contact:** (805) 705-3987

**Area of Specialty or Expertise:** CBT

**Insurance Accepted:** Aetna, Anthem Blue Cross, United Health, Health-Net

### Basch, Janice, Ph.D

**Address:** 119 Figueroa Street Ventura, CA 93001

**Preferred Method of Contact:** janice@drjanicebasch.com

**Area of Specialty or Expertise:** Mood Disorder, Anxiety Disorder, Depression, Substance Abuse

**Insurance Accepted:** Aetna, Anthem Blue Cross, Medicare

### Beiley, Michael, Ph.D

**Address:** 115 West Arrellaga Street Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 962-2869

**Area of Specialty or Expertise:** Anxiety Disorders, Obsessive-Compulsive Disorder, OCD spectrum disorders and phobias or fears

**Insurance Accepted:** Contact Directly

### Benson, Lisa, Psy.D

**Address:** 1215 De La Vina St. Suite F  
Santa Barbara, CA 93101-5164

**Preferred Method of Contact:** (805) 570-0414

**Area of Specialty or Expertise:** Relationships, Trauma, Depression, Anxiety Disorder, Couples.

**Insurance Accepted:** Aetna, Anthem Blue Cross, Humana,

### Betita, Juliet, LMFT

**Address:** 22 West Micheltorena Suite B Santa Barbara, CA 93101 Acaica Counseling Center

**Preferred Method of Contact:** (805) 687-1201

**Area of Specialty or Expertise:** Trauma, Cross Cultural, Identity Issues

**Insurance Accepted:** Aetna, Anthem Blue Cross

**Other Languages:** Tagalog

### Bimbela, Alfredo, Ph.D

**Address:** 800 Garden Street Suite I Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 284-1783

**Area of Specialty or Expertise:** Prescribes Medicine

**Insurance Accepted:** Anthem Blue Cross, Cigna, United Health

**Other Languages:** Spanish

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### Blatter, Jo-Anne, LCSW

**Address:** 2565 Puesta del Sol, Ste 102  
Santa Barbara, CA 93105

**Preferred Method of Contact:** (805) 682-7313

**Area of Specialty or Expertise:** Illness, Couples, Relationships,  
Anxiety Disorder, Depression

**Insurance Accepted:** Anthem Blue Cross, Medicare

### Blum, Vicky, LCSW

**Address:** 621 Chapala St. Ste A Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 965-1995

**Area of Specialty or Expertise:** Depression, Anxiety Disorder,  
Eating Disorder, Addiction, Trauma

**Insurance Accepted:** Aetna, Anthem Blue Cross, Medicare,  
Health-Net, Medical, Blue Shield

### Brooks, Ronald, Ph.D

**Address:** 629 State St. Ste 203 Santa Barbara, CA 93101-2809

**Preferred Method of Contact:** (805) 729-1867

**Area of Specialty or Expertise:** Anxiety Disorder, Depression,  
ADHD

**Insurance Accepted:** Aetna, Anthem Blue Cross

### Chase, Sheryl, Ph.D

**Address:** 22 C West Micheltorena Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 967-1200

**Area of Specialty or Expertise:** Depression, Anxiety Disorder,  
Eating Disorder, Trauma, Identity Issues.

**Insurance Accepted:** Aetna, United Health Anthem Blue Cross,  
Blue Shield

### Chen, Beverly, LCSW

**Address:** 270 Storke Road Suite 17 Goleta, CA 93117

**Preferred Method of Contact:** BeverlyChenLCSW@gmail.com

**Area of Specialty or Expertise:** Depression, Anxiety Disorder,  
Eating Disorder, Cross Cultural, 1st Generation, Women's Issues

**Insurance Accepted:** Aetna, Anthem Blue Cross

**Other Languages:** Mandarin

### Claydon, Peter, Ph.D

**Address:** 1531 Chapala Street Suite 2 Santa Barbara, CA 93101

**Preferred Method of Contact:** claydonwork@yahoo.com

**Area of Specialty or Expertise:** Trauma, Substance Abuse

**Insurance Accepted:** Aetna, Anthem Blue Cross, Medicare

### Coady, Angela, MFT

**Address:** 5276 Hollister ave. Suite 252 Goleta, CA 93111

**Preferred Method of Contact:** (805) 452-4638

**Area of Specialty or Expertise:** Anxiety Disorder, Depression,  
Couples, Mental Disorder. Self-esteem

**Insurance Accepted:** Aetna, Anthem Blue Cross, United Health,  
wholeman group

**Other Languages:** French

### Cook, Chyneitha, Psy.D

**Address:** Acacia Counseling & Wellness

948 Embarcadero del Norte Goleta, CA 93117

**Preferred Method of Contact:** (805) 699-6668

**Area of Specialty or Expertise:** Women's Issues, Cross Cultural,  
Anxiety Disorder

**Insurance Accepted:** Aetna

### Corman, Bonnie, Ph.D

**Address:** 91 Depot Road Santa Barbara, CA 93108

**Preferred Method of Contact:** bonniecorman@gmail.com

**Area of Specialty or Expertise:** Depression, Family, Anxiety  
Disorder, Learning Disabilities

**Insurance Accepted:** Aetna, Anthem Blue Cross

**Other Languages:** French

### Cosentino, Lisa, Ph.D

**Address:** 510 E. Sola Street Santa Barbara, CA 93103

**Preferred Method of Contact:** (805) 564-1999

**Area of Specialty or Expertise:** Eating Disorder, Depression,  
OCD, Trauma, Anxiety Disorder

**Insurance Accepted:** Aetna, Anthem Blue Cross, Cigna, Blue  
Shield, Health Net, Medicare

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### Cowdrey, Karen, LCSW

**Address:** 5901 Encino Rd. Suite A-1 Goleta, CA 93117

**Preferred Method of Contact:** staff@sbbh.net

**Area of Specialty or Expertise:** Family

**Insurance Accepted:** Aetna, Anthem Blue Cross, Beacon Health Humana, Magellan, United Health, Blue Shield

### Dalton Stein, Debra, MFT

**Address:** 22 W. Micheltorena Suite A Santa Barbara, CA 93101

**Preferred Method of Contact:** debrastein@me.com

**Area of Specialty or Expertise:** OCD, Depression, Anxiety Disorder, Eating Disorder

**Insurance Accepted:** Please contact directly

### Donahue, Megan, Ph. D

**Address:** 270 Storke Rd St. 17 Goleta CA, 93117

AND 2060 Alameda Oadre Sierra St. 202 Santa Barbara 93103

**Preferred Method of Contact:** info@drmegandonahue.com

**Area of Specialty or Expertise:** Anxiety Disorders

**Insurance Accepted:** Aetna, Anthem Blue Cross

### Dritsas, Susan, MFT

**Address:** 5266 Hollister Avenue, Suite 236

Santa Barbara, California 93111 Also in Acacia Counseling Center

**Preferred Method of Contact:** (805) 252-7557

**Area of Specialty or Expertise:** Trauma, Depression, Anxiety Disorder, Life Transition, Substance Abuse, LGBTQ

**Insurance Accepted:** Aetna

### El Asyouty, Sherif, MD

**Address:** 3 West Carrillo, Ste 217 Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 884-4989

**Area of Specialty or Expertise:** Addiction

**Insurance Accepted:** Aetna, Anthem Blue Cross, Cigna, Magellan, Health-Net, United Care. No Medicare, and BlueShield and Kaiser

**Other Languages:** Arabic

### Encarnacion, Sofia, MD

**Address:** Santa Barbara Behavioral Health 5901 Encina Road, Suite A Goleta, CA 93117

**Preferred Method of Contact:** staff@sbbh.net

**Area of Specialty or Expertise:** ADHD, Women's Issues, Cross Cultural, Prescribes Medicine

**Insurance Accepted:** Aetna, Anthem Blue Cross, Beacon Health Humana, Magellan, United Health, Blue Shield

**Other Languages:** Spanish

### Farber, Susan, MFT

**Address:** 22 West Micheltorena, Ste B Santa Barbara, CA 93101 or 240 E.Hwy 246 suite 210 Buellton CA 93427

**Preferred Method of Contact:** (805) 886-5538

**Area of Specialty or Expertise:** Illness, Depression, Anxiety Disorder, LGBTQ

**Insurance Accepted:** Aetna, Anthem Blue Cross, Tric Care

### Felix, Erika, Ph.D

**Address:** 5901 Encina Rd., Ste A Goleta, CA 93117

**Preferred Method of Contact:** staff@sbbh.net

**Area of Specialty or Expertise:** Family, Relationships, Trauma

**Insurance Accepted:** Aetna, Anthem Blue Cross, Beacon Health Humana, Magellan, United Health, Blue Shield

### Ferguson, Michael, MD

**Address:** Santa Barbara Behavioral Health 5901 Encina Road, Suite A Goleta, CA 93117

**Preferred Method of Contact:** staff@sbbh.net

**Area of Specialty or Expertise:** Psychiatry

**Insurance Accepted:** Aetna, Anthem Blue Cross, Beacon Health Humana, Magellan, United Health, Blue Shield

### Field, Miranda, MFT

**Address:** 1010 Garden Street Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 568-0500

**Area of Specialty or Expertise:** Depression, Anxiety Disorder, Trauma, Relationships, LGBTQ

**Insurance Accepted:** Please contact directly

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### Fortman, Jay, Ph.D

**Address:** 5276 Hollister Avenue Suite 301 Santa Barbara, CA 93111

**Preferred Method of Contact:** drjay55@yahoo.com

**Area of Specialty or Expertise:** ADHD, Depression, Anxiety Disorder, LGBTQ, Cross Cultural

**Insurance Accepted:** Aetna, Anthem Blue Cross, United Health, Health-Net, Cigna

### Goldin, Laura, Ph.D

**Address:** 5276 Hollister Avenue Suite 105 Goleta, CA 93111

**Preferred Method of Contact:** (805) 455-3862

**Area of Specialty or Expertise:** Depression, Anxiety Disorder, LGBTQ

**Insurance Accepted:** Aetna, Anthem Blue Cross

### Friedman, Valerie, Ph.D

**Address:** 11 W. Victoria Suite #209 Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 722-0536

**Area of Specialty or Expertise:** Anxiety Disorder, Depression, PTSD, Mood Disorder, Eating Disorder

**Insurance Accepted:** Aetna, Medicare, Anthem Blue Cross

### Guy, Lauren, Psy.D

**Address:** 2020 Alameda Padre Serra Suite 211

Santa Barbara, CA 93103

**Preferred Method of Contact:** drlaurenguy@gmail.com

**Area of Specialty or Expertise:** Mood Disorder, Eating Disorder, Relationships, Substance Abuse, Trauma, LGBTQ, Cross Cultural

**Insurance Accepted:** Aetna, Anthem Blue Cross, Medicare, Medical, Blue Shield

### Furukawa, Terrie, Ph.D

**Address:** 22 West Micheltorena D Santa Barbara, CA

**Preferred Method of Contact:** (805) 564-3715

**Area of Specialty or Expertise:** Depression, Anxiety Disorder, Life Transitions, Cross Cultural, LGBTQ

**Insurance Accepted:** Aetna, Anthem Blue Cross, Magellan, Blue Shield

### Jackson, Robbyn, Psy.D

**Address:** Acacia Counseling & Wellnese

948 Embarcadero del Norte Goleta, CA 93117

**Preferred Method of Contact:** (805)699-6668

**Area of Specialty or Expertise:** Eating Disorder, Trauma

**Insurance Accepted:** Aetna, United Health

### Given, Dean, Ph.D

**Address:** 5901 Encina Rd., Ste A Santa Barbara, CA 93117

**Preferred Method of Contact:** staff@sbbh.net

**Area of Specialty or Expertise:** Anxiety Disorder

**Insurance Accepted:** Aetna, Anthem Blue Cross, Beacon Health Humana, Magellan, United Health, Blue Shield

### Janoff, Dean, Ph.D

**Address:** 1129 State St., #20 Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 962-0508

**Area of Specialty or Expertise:** Anxiety Disorder, Couples

**Insurance Accepted:** Please contact directly

### Goerwitz, Kurt, Ph.D

**Address:** 1215 De La Vina Street Suite D

Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 966-5165

**Area of Specialty or Expertise:** Substance Abuse

**Insurance Accepted:** Aetna, Anthem Blue Cross, Medicare

### Jarrett, Jeffrey, LMFT

**Address:** 26 W. Mission st. #3 Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 450-8909

**Area of Specialty or Expertise:** Life Transitions, Depression, Anxiety Disorder, Family, Trauma, Men's Issues

**Insurance Accepted:** Aetna, Anthem Blue Cross, Health-Net, Magellan

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### Jennings, Janis, Ph.D

**Address:** 22 W. Micheltorena Suite A Santa Barbara, CA 93101

**Preferred Method of Contact:** janisjennings@cox.net

**Area of Specialty or Expertise:** Women's Issues, Identity Issues, Anxiety Disorder, Depression

**Insurance Accepted:** Aetna, Cigna, Anthem Blue Cross, Humana, Health-Net, United Health

### Karno, Mitchell, Ph.D

**Address:** 2020 Alameda Padre Serra Suite 211

Santa Barbara, CA 93103

**Preferred Method of Contact:** (805) 682-6006

**Area of Specialty or Expertise:** Substance Abuse, Anxiety Disorder, Depression

**Insurance Accepted:** Anthem Blue Cross, Medicare

### Jewish Family Services, Greater Santa Barbara,

**Address:** 524 Chapala Street Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 957-1116

**Area of Specialty or Expertise:** Depression, anxiety, PTSD, LGBTQ+,

**Insurance Accepted:** Medicare, Blue Cross, Blue Shield, Optum, United Health Care

### Kashou, Jeff, MA

**Address:** Acacia Counseling & Wellnese

948 Embarcadero del Norte Goleta, CA 93117

**Preferred Method of Contact:** (805) 699-6668

**Area of Specialty or Expertise:** Mindfulness, Life Transitions, Anxiety Disorders, Depression, Substance Abuse, Trauma

**Insurance Accepted:** United Health

### John, Jean Densmore, Ph.D

**Address:** 855 Estrella Drive Santa Barbara, CA 93110

**Preferred Method of Contact:** (805) 563-2217

**Area of Specialty or Expertise:** Eating Disorder, Anxiety Disorder

**Insurance Accepted:** Aetna, Anthem Blue Cross Blue Shield, Medicare, TriCare

### Katz, Eli, MD

**Address:** 5901 Encina, Suite A Goleta, CA 93117

**Preferred Method of Contact:** staff@sbbh.net

**Area of Specialty or Expertise:** Psychiatry

**Insurance Accepted:** Aetna, Anthem Blue Cross, Beacon Health Humana, Magellan, United Health

### Jones-Cantekin, Melissa, Ph.D

**Address:** 1129 State Street Suite 3-g Santa Barbara, CA 93107

**Preferred Method of Contact:** mjcantekin@gmail.com

**Area of Specialty or Expertise:** Anxiety Disorder, Depression, Personality Disorder, Life Transitions

**Insurance Accepted:** Aetna, Anthem Blue Cross, Medicare

### Kelliher, Richard, Psy.D

**Address:** 22 West Mission Street Suite C

Santa Barbara, CA 93101-2450

**Preferred Method of Contact:** pacifcbhc@gmail.com

**Area of Specialty or Expertise:** Anxiety Disorder, Depression, Life Transitions, Illness

**Insurance Accepted:** Aetna, Anthem Blue Cross, Magellan, Optum

### Kanne-Casselmann, Beth, LMFT

**Address:** 5266 Hollister Avenue Suite 233 Goleta, CA 93111

**Preferred Method of Contact:** (805) 895-6960

**Area of Specialty or Expertise:** Depression, Anxiety Disorder, Life Transitions, Eating Disorders, LGBTQ

**Insurance Accepted:** Anthem Blue Cross, Aetna, Cigna

### Kloomok, Shauna, Ph.D

**Address:** 1532 State Street Suite G Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 962-4948

**Area of Specialty or Expertise:** Depression, Anxiety, Eating Disorder

**Insurance Accepted:** Aetna, Anthem Blue Cross



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### Kloos, Barbara MFT, MFT

**Address:** 5290 Overpass Road No. 107  
Santa Barbara, CA 93111

**Preferred Method of Contact:** barbk77@cox.net

**Area of Specialty or Expertise:** Trauma, Relationships, Anxiety Disorder, Life Transitions

**Insurance Accepted:** Aetna, Anthem Blue Cross

### Larsen, Jennifer, MFT

**Address:** 18 W Micheltorena, Ste B Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 698-1970

**Area of Specialty or Expertise:** Addiction, Eating Disorder, Trauma, Depression, Anxiety Disorder, OCD Relationships, LGBTQ

**Insurance Accepted:** Aetna, Anthem Blue Cross, Blue Shield, Optum, Cigna, Beacon Health, Tricare

### Kornhandler, Bobby T, MFT

**Address:** 111 Arrellaga Street Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 451-5394

**Area of Specialty or Expertise:** Couples, Mood Disorder, Personality Disorder

**Insurance Accepted:** Aetna, Anthem Blue Cross, Beacon

### Lawrence, Taryn, MFT

**Address:** 27 E. Victoria Ste J Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 252-1849

**Area of Specialty or Expertise:** Couples, Trauma, Depression, Anxiety Disorder, Relationships, LGBTQ

**Insurance Accepted:** Aetna, Anthem Blue Cross

### Kroekel, Paul, LMFT

**Address:** 510 State Street, Suite 270 Santa Barbara, CA 93101

**Preferred Method of Contact:** paulkmft@gmail

**Area of Specialty or Expertise:** Anxiety Disorder, Depression, Substance Abuse

**Insurance Accepted:** Aetna, Anthem Blue Cross

### Lehman, Karen, Ph.D

**Address:** 2060 Alameda Padre Serra Ste 202

Santa Barbara, CA 93101

**Preferred Method of Contact:** dr.karen.lehman@gmail.com

**Area of Specialty or Expertise:** Anxiety Disorder, Depression, Trauma, Relationships, Eating Disorders, LGBTQ

**Insurance Accepted:** Aetna, Anthem Blue Cross

### Kuhn, Barbara LCSW, LCSW

**Address:** 524 Chapala Street Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 957-1116

**Area of Specialty or Expertise:**

**Insurance Accepted:** Medicare

### Lewis, Christine, Ph.D

**Address:** 895 Via Hierba Santa Barbara, CA 93110

**Preferred Method of Contact:** (805) 964-8866

**Area of Specialty or Expertise:** Mindfulness, Depression, Anxiety Disorder, Cross Cultural

**Insurance Accepted:** Aetna

### Kuklinsky, Carla, MFT

**Address:** 922-A State Street Suite 5 Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 962-1129

**Area of Specialty or Expertise:** Anxiety Disorder, Depression, Relationships, Addiction

**Insurance Accepted:** Please contact directly

### Light, Stuart, LMFT

**Address:** Family Therapy Institute 111 E. Arrellaga Street  
Santa Barbara, CA 93101

**Preferred Method of Contact:** slightlmft@gmail.com

**Area of Specialty or Expertise:** Addiction

**Insurance Accepted:** Aetna

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### Linker, Gary, Ph.D

**Address:** 22 W. Micholtorena Suite A.  
Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 969-7084

**Area of Specialty or Expertise:** Substance Abuse, Anxiety Disorder, Depression, Life Transitions

**Insurance Accepted:** Aetna, Anthem Blue Cross

### McHann, Debbie, MFT

**Address:** 5266 Hollister Avenue Suite 240  
Santa Barbara, CA 93111

**Preferred Method of Contact:** (805) 886-3045

**Area of Specialty or Expertise:** Anxiety Disorder, Life Transitions, Depression, Eating Disorders, Substance Abuse

**Insurance Accepted:** Aetna, Anthem Blue Cross

### Lunt, Joyce, Ph.D

**Address:** 1515 State Street Suite 4 Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 965-8880

**Area of Specialty or Expertise:** Psychological Assessment, ADD, ADHD

**Insurance Accepted:** Aetna, Anthem Blue Cross, United Health, Blue Shield, Cigna

### McMannis, Don, Ph.D

**Address:** Family Therapy Institute 111 E Arrellage Street  
Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 882-2424 x102

**Area of Specialty or Expertise:** Anxiety Disorder, Depression, LGBTQ

**Insurance Accepted:** Anthem Blue Cross

### Malde, Susan, Ph.D

**Address:** 1187 Coast Village Road Suite 10N  
Santa Barbara, CA 93108

**Preferred Method of Contact:** (805) 969-9103

**Area of Specialty or Expertise:** Anxiety Disorder, OCD, Depression, Mood Disorder, Eating Disorders, Relationships

**Insurance Accepted:** Anthem Blue Cross, Medicare, Cigna

### Mentes, Christina, Ph.D

**Address:** 933 Castillo Street Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 455-2854

**Area of Specialty or Expertise:** Mood Disorder, LGBTQ Depression, Anxiety Disorder, LGBTQ

**Insurance Accepted:** Aetna, Anthem Blue Cross, Medicare

### Malde, Nancy MFT

**Address:** 270 Storke Rd Suite 17, Goleta CA 93117

**Preferred Method of Contact:** (805) 969-9103

**Area of Specialty or Expertise:** Culture Issues, Anxiety, Depression, Life Transitions

**Insurance Accepted:** Anthem Blue Cross, Aetna

### Meyerovich, Mikhail, MD

**Address:** 5901 Encina Road Suite A Goleta, California, CA 93117

**Preferred Method of Contact:** staff@sbbh.net

**Area of Specialty or Expertise:** Prescribes Medicine

**Insurance Accepted:** Aetna, Anthem Blue Cross, Beacon Health Humana, Magellan, United Health, Blue Shield

**Other Languages:** Russian Ukrainian

### Mar, Keith, MFT

**Address:** 270 Storke Rd. St. 6Goleta, CA 93111

**Preferred Method of Contact:** (805) 895-4098

**Area of Specialty or Expertise:** Couples, Cross Cultural, Identity Issues, Trauma, Depression, Anxiety Disorder, Mindfulness

**Insurance Accepted:** Aetna

### Mintzer, Kathleen, LCSW

**Address:** 5266 Hollister Ave. Building B, No 236  
Goleta, CA 93117

**Preferred Method of Contact:** (805) 403-9102

**Area of Specialty or Expertise:** Anxiety Disorder, Mood Disorders, Depression, Illness, Women's Issues, Cross Cultural, LGBTQ

**Insurance Accepted:** Aetna, Anthem Blue Cross

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### Mock, Denise, Ph.D

**Address:** 270 Storke Rd. Suite 7, Goleta CA  
2nd Office: 2060 Alameda Padre Sierra Suite 202. G85  
Santa Barbara CA, 93101

**Preferred Method of Contact:** (805) 699-6668

**Area of Specialty or Expertise:** Mindfulness

**Insurance Accepted:** Aetna, Anthem Blue Cross

### Palmer-Daley, Jean, Ph.D

**Address:** 22 West Micheltorena Suite A  
Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 962-2816

**Area of Specialty or Expertise:** Identity Issues, Eating Disorder

**Insurance Accepted:** Please contact directly

### Moghtader, James, MD

**Address:** Sansum Clinic 1525 State, Ste 103  
Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 681-7517

**Area of Specialty or Expertise:** Psychiatry

**Insurance Accepted:** Aetna, Anthem Blue Cross

### Panteleakos, Tina, Ph.D

**Address:** 1531 Chapala Street, Suite 2 Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 636-1021

**Area of Specialty or Expertise:** Depression, Anxiety Disorder,  
LGBTQ, 1st Generation, Trauma

**Insurance Accepted:** Aetna, Anthem Blue Cross

### Ogle, Michael, Ph.D

**Address:** 115 W. Arrellaga Street Santa Barbara, CA 93101

**Preferred Method of Contact:** meogle812@gmail.com

**Area of Specialty or Expertise:** OCD, Anxiety Disorder,  
Depression

**Insurance Accepted:** Aetna, Anthem Blue Cross, United Health,

### Peterson, Michele, MFT

**Address:** 2791 Painted Cave Rd. Santa Barbara 93105

**Preferred Method of Contact:** (805) 965-0581 ext.4245

**Area of Specialty or Expertise:** Mindfulness, Anxiety Disorder,  
Depression, LGBTQ

**Insurance Accepted:** Please contact directly

**Other Languages:** Spanish

### Osborn, Shelley, Psy.D

**Address:** 1513 State St. Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 322-8356

**Area of Specialty or Expertise:** Anxiety, Depression,  
Relationship Issues, Trauma, PTSD

**Insurance Accepted:** Aetna, Optum, Anthem Blue Cross

### Plesons, Dennis, MD

**Address:** Sansum Clinic 1525 State, Ste 103  
Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 681-7517

**Area of Specialty or Expertise:**

**Insurance Accepted:** Aetna, Anthem Blue Cross

**Other Languages:** Greek

### Ousley, Louise, Ph.D

**Address:** 1919 State Street Suite 301 Santa Barbara, CA 93101

**Preferred Method of Contact:** ousatsb@usa.net

**Area of Specialty or Expertise:** Mood Disorder, Eating Disorder,  
PTSD, Illness, Trauma, LGBTQ, Cross Cultural

**Insurance Accepted:** Aetna, Anthem Blue Cross, Cigna

### Primeau, Carol, Ph.D

**Address:** 1919 State Street Suite 301 Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 680-3612

**Area of Specialty or Expertise:** Eating Disorder, Mood Disorder

**Insurance Accepted:** Aetna



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**(805) 893-4411** is available 24/7

### Rapley, Suzanne, Ph.D

**Address:** 115 West Arrellaga Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 963-3329

**Area of Specialty or Expertise:** Addiction, Anxiety Disorder, Depression, Substance Abuse, LGBTQ

**Insurance Accepted:** Aetna, Anthem Blue Cross

### Rudestam, Kjell, Ph.D

**Address:** 115 W. Arrellaga St. Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 569-2540

**Area of Specialty or Expertise:** couples, suicide, anxiety, depression, developmental, relationship issues, consultation

**Insurance Accepted:** Aetna, Anthem Blue Cross

**Other Languages:** Swedish

### Rojo, Jose, MFT

**Address:** 28 West Arrellaga St. Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 259-5126

**Area of Specialty or Expertise:** Depression, Anxiety Disorder, Relationships, LGBTQ

**Insurance Accepted:** Aetna, Anthem Blue Cross

**Other Languages:** Spanish

### Schaefer, Vonda, MFT

**Address:** 2020 Alameda Padre Suite 211

Santa Barbara, CA 93103

**Preferred Method of Contact:** vondaschaefermft@gmail.com

**Area of Specialty or Expertise:** Nutrition

**Insurance Accepted:** Aetna, Anthem Blue Cross

### Rothman, Howard, Ph.D

**Address:** 1534 Marquard Terrace Santa Barbara, CA 93101

**Preferred Method of Contact:** hrothman18@gmail.com

**Area of Specialty or Expertise:** ADHD, Learning Disabilities, Anxiety Disorder

**Insurance Accepted:** Please contact directly

### Shamma, Karima, LMFT

**Address:** Acacia Counseling & Wellnese

948 Embarcadero del Norte Goleta, CA 93117

**Preferred Method of Contact:** 805-699-6668

**Area of Specialty or Expertise:**

**Insurance Accepted:** United Health

### Rotz, Roland, Ph.D

**Address:** 957 Maple Avenue Carpinteria, CA 93013

**Preferred Method of Contact:** docrotz@gmail.com

**Area of Specialty or Expertise:** ADHD, Learning Disabilities

**Insurance Accepted:** Aetna

### Schiller, Deborah, Ph.D

**Address:** 814 Willowglen Rd. Santa Barbara, CA 93105

**Preferred Method of Contact:** (805) 284-8824

**Area of Specialty or Expertise:** Couples, Depression, Anxiety Disorder, Parenting

**Insurance Accepted:** Aetna, Anthem Blue Cross

### Rudestam, Janice, Ph.D

**Address:** 115 W. Arrellaga St. Santa Barbara, CA 93101

**Preferred Method of Contact:** jrudestam@cox.net

**Area of Specialty or Expertise:** Mood Disorders, Depression, Anxiety Disorder, Trauma, Personality Disorder

**Insurance Accepted:** Aetna, Anthem Blue Cross

### Serrano, Raphael, MFT

**Address:** 123 W. Padre Street Suite B Santa Barbara, CA 93105  
2nd Office-

401 Mobile Ave. suite 8, Camarillo 93010

**Preferred Method of Contact:** (805) 448-7732

**Area of Specialty or Expertise:** Substance Abuse, Depression, Anxiety Disorder

**Insurance Accepted:** Aetna, Anthem Blue Cross, Kaiser, Cigna, Magellan, United Health

**Other Languages:** Spanish

## Community Provider Referral List

If you have any concerns about any of these providers, or you have not been able to connect with your community referral for regular therapy, please contact your CAPS clinician or call (805) 893-4411.

As a registered student, you are welcome to stop by CAPS, if needed.

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### Sharpe, Diana, Psy.D

**Address:** 425 Foxen Drive Santa Barbara, CA 93105  
**Preferred Method of Contact:** dr.sharpe@cox.net  
**Area of Specialty or Expertise:** Depression, Anxiety Disorder, Life Transitions, Illness, Learning Disabilities, LGBTQ  
**Insurance Accepted:** Aetna, Anthem Blue Cross, Medicare

### Steinberg, Richard, Ph.D

**Address:** Santa Barbara Behavioral Health 5901 Encina Rd., Ste A Goleta, CA 93117  
**Preferred Method of Contact:** staff@sbbh.net  
**Area of Specialty or Expertise:** Depression, Anxiety Disorder  
**Insurance Accepted:** Aetna, Anthem Blue Cross, Beacon Health Humana, Magellan, United Health

### Tetalman, Amy, MFT

**Address:** 5901 Encina Rd., Suite A Goleta, CA 93117  
**Preferred Method of Contact:** staff@sbbh.net  
**Area of Specialty or Expertise:** Illness, Substance Abuse, Relationships, Life Transitions, Depression, Anxiety Disorder  
**Insurance Accepted:** Aetna, Anthem Blue Cross, Beacon Health Humana, Magellan, United Health

### Van Prooyen, Eva, MFT

**Address:** 735 State Street Suite 620 Santa Barbara, CA 93108  
**Preferred Method of Contact:** (805) 845-4960  
**Area of Specialty or Expertise:** Anxiety Disorder, Depression, Addiction, Relationships, LGBTQ  
**Insurance Accepted:** Aetna

### Vollero, William, MD

**Address:** 5901 Encina, Suite A Goleta, CA 93117  
**Preferred Method of Contact:** staff@sbbh.net  
**Area of Specialty or Expertise:** Psychiatry  
**Insurance Accepted:** Aetna, Anthem Blue Cross, Beacon Health Humana, Magellan, United Health

### Votaw, Lani, MFT

**Address:** 106 West Mission Street Santa Barbara, CA 93101  
**Preferred Method of Contact:** (805) 568-5955  
**Area of Specialty or Expertise:** Trauma, Depression, Anxiety Disorder, Cross Cultural  
**Insurance Accepted:** Aetna, Anthem Blue Cross, Cigna, Blue Shield, Optum

### Wax, Susan, Ph.D.

**Address:** 1010 Garden Street Santa Barbara, CA 93101  
**Preferred Method of Contact:** (805) 965-5040  
**Area of Specialty or Expertise:** Depression, Women's issues, LGBTQ  
**Insurance Accepted:** Anthem

### Weininger, Radhule, Ph.D

**Address:** 2565 Puesta del Sol Santa Barbara, CA 93105  
**Preferred Method of Contact:** radhule@gmail.com  
**Area of Specialty or Expertise:** Depression, Anxiety Disorder, LGBTQ  
**Insurance Accepted:** Aetna, Anthem Blue Cross, Health-Net  
**Other Languages:** German

### Weininger, Ruben, MD

**Address:** 1227 Da la Vina Street Santa Barbara, CA 93101  
**Preferred Method of Contact:** (805) 569-3313  
**Area of Specialty or Expertise:** Mindfulness  
**Insurance Accepted:** Aetna  
**Other Languages:** French

### Williams, Nicole, MFT

**Address:** 1010 Garden St. Santa Barbara, CA 93101  
**Preferred Method of Contact:** (805) 252-8061  
**Area of Specialty or Expertise:** Eating Disorder, Substance Abuse, Addiction  
**Insurance Accepted:** Please contact directly

## Community Provider Referral List

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### Wilson, Eva, Ph.D

**Address:** 28 West Arrellaga Santa Barbara, CA 93101

**Preferred Method of Contact:** (805) 448-6951

**Area of Specialty or Expertise:** Anxiety, Depression, Relationships

**Insurance Accepted:** Aetna, Anthem Cross, United Health

**Other Languages:** Swedish

### Yturralde, Yolanda, MFT

**Address:** 1815 State Street, Ste E Santa Barbara, CA 93101

**Preferred Method of Contact:** yolanda.mft@gmail.com

**Area of Specialty or Expertise:** Life Transitions, Trauma, Cross Cultural, LGBTQ

**Insurance Accepted:** Please contact directly

**Other Languages:** Spanish

### Zander, Toni, Ph.D

**Address:** 2020 Alameda Padre Sierra Suite 226

Santa Barbara, CA 93101

**Preferred Method of Contact:** tonizander9@gmail.com

**Area of Specialty or Expertise:** Anxiety Disorder, Life Transitions, Depression

**Insurance Accepted:** Aetna