

UC **SANTA BARBARA**

Alcohol & Drug Program

Student Health

Family and Relationships Support Group

Join our 7-week **free, confidential** process group for students who have family members or other loved ones struggling with substance use issues or other related mental health concerns.

This group will be virtual.

**Fridays
10:30-11:45am
Begins Oct. 16, 2020**

To attend and get the zoom meeting information, please
contact
**Whitney Bruice, MFT, Alcohol and Drug Program Behavioral
Health Therapist,**
for a brief phone or telehealth meeting to be sure this group
will meet your needs:
whitneyb@ucsb.edu or 805-893-4978